



# The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

## November 2020

### Saluting Veterans With Savings

Many restaurants and retailers salute military veterans with freebies and discounts on Veterans Day, Nov. 11. Complimentary meals and beverages are widely offered. Call ahead or check online to see if proof of military service is required to take advantage of deals.



### Pie Takes the Cake

For many people, Thanksgiving dinner wouldn't be complete without a slice of pie—or two! Pumpkin, apple, pecan, and sweet potato are the top holiday dessert picks, according to surveys.



### Mums Say So Much

The traditional flower for the month of November, the chrysanthemum is believed to represent happiness and longevity. Because mums typically bloom in the fall, they also symbolize beauty in the face of the coming winter.



### Expressing Thanks

"Appreciation can change a day, even change a life. Your willingness to put it into words is all that is necessary." —Margaret Cousins



# November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 4:00 Shake Out the Truth 6:00 Name That Tune	2 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting with Water colors 2:00 Word Puzzles 4:00 Jeopardy 6:00 Sing-Along	3 10:00 Movin & Groovin 10:30 Current Events 1:00 What's in a Word? 2:00 Chair Yoga 4:00 Trivia 6:00 Singers of Yesterday	4 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Chair Yoga 2:00 Ring Toss 4:00 Shake Out The Truth 6:00 Comedy Connection	5 10:00 Morning Exercise 10:30 Current Events 1:00 Crossword Puzzles 2:00 Manicures 4:00 What's in a Word? 6:00 Trivia	6 10:00 Movin & Groovin 10:30 Daily Chronicles <b>1:00 Crafts Corner</b> 2:00 BINGO 4:00 Let's Make Music 6:00 Friday Night Flick	7 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 4:00 Finish the Phrase 6:00 The Lawrence Welk Show
8 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 4:00 Shake Out the Truth 6:00 Name That Tune	9 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting 2:00 Word Puzzles 4:00 The Match Game 6:00 Sing-Along	10 10:00 Movin & Groovin 10:30 Current Events 1:00 Sit and get Fit <b>2:00 Fall snack mix</b> 4:00 Soccer 6:00 Singers of Yesterday	11 <b>Veterans Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Name that Tune <b>2:00 Honoring our Veterans</b> 4:00 Shake Out The Truth 6:00 Comedy Connection	12 10:00 Morning Exercise 10:30 Current Events 1:00 Puzzles 2:00 Manicures 4:00 Tennis with balloons 6:00 Trivia	13 10:00 Movin & Groovin 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 BINGO 4:00 Let's tell jokes 6:00 Friday Night Flick	14 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 4:00 What's in a Word? 6:00 Crafts
15 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 4:00 Shake Out the Truth 6:00 Name That Tune	16 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting with canvas 2:00 Word Puzzles 4:00 Jeopardy 6:00 Sing-Along	17 10:00 Movin & Groovin 10:30 Current Events 1:00 What's in a Word? <b>2:00 Crafts Corner</b> 4:00 Ball Toss 6:00 Singers of Yesterday	18 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Chair Yoga 2:00 Cocktails and Friends 4:00 Shake Out The Truth 6:00 Comedy Connection	19 10:00 Morning Exercise 10:30 Current Events <b>1:00 Apple Cider and Donuts</b> 2:00 Manicures 4:00 Pool noodle fun 6:00 Trivia	20 10:00 Movin & Groovin 10:30 Daily Chronicles <b>1:00 Thanksgiving Day Craft</b> 2:00 BINGO 4:00 Ring Toss 6:00 Friday Night Flick	21 10:00 Morning Stretch 10:30 Current Events 11:00 Boggle 1:00 Hangman 2:00 Social Hour Cocktails 4:00 Horseshoes 6:00 The Lawrence Welk Show
22 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 4:00 Shake Out the Truth 6:00 Name That Tune	23 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting 2:00 Word Puzzles 4:00 The Match Game 6:00 Sing-Along	24 10:00 Movin & Groovin 10:30 Current Events 1:00 What's in a Word? <b>2:00 Thanksgiving Day craft place mat</b> 4:00 Horseshoes 6:00 Singers of Yesterday	25 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Chair Yoga <b>2:00 Thanksgiving Day treats</b> 4:00 Shake Out The Truth 6:00 Comedy Connection	26 <b>Thanksgiving</b> 10:00 Morning Exercise 10:30 Current Events 1:00 Thanksgiving Day puzzles 2:00 Manicures 4:00 Parachute fun 6:00 November Trivia	27 10:00 Movin & Groovin 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 BINGO 4:00 Bowling 6:00 Friday Night Flick	28 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 4:00 Ring Toss 6:00 Crafts
29 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 4:00 Shake Out the Truth 6:00 Name That Tune	30 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting 2:00 Word Puzzles 4:00 Jeopardy 6:00 Sing-Along	<b>Happy Birthday!</b> Gloria - 11/6 Jackie - 11/14 Kay - 11/16 Don - 11/23				



## Resident Spotlight: Donald Dillman



1. Where would you like to travel to?  
"Hawaii."
2. Where is your hometown?  
"Worcester, MA."
3. What do you like to do in your spare time?  
"Play Golf."
4. What is your greatest accomplishment?  
"Having my 3 sons."
5. What did you enjoy most about your career?  
"Traveling to other countries."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

**Fun Fact:** "I love to go camping with my motor coach."

## Associate Spotlight: Jenn Murray



1. Where would you like to travel to?  
"St. Lucia in the Caribbean."
2. Where is your hometown?  
"Lowell, MA."
3. What do you like to do in your spare time?  
"Crochet and sew."
4. What is your greatest aspiration?  
"Raising a happy and healthy family."
5. What do you enjoy most about your career?  
"Being able to help the residents and make them smile."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

**Fun Fact:** "I volunteer at local comic book conventions."