



The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

August 2021



Honoring Older Adults

"For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute." With those words, President Ronald Reagan proclaimed Aug. 21, 1988, the first National Senior Citizens Day, now an annual celebration.






Go Green With Kiwi

It's another kind of good-for-you green. Kiwifruit is native to China and was first commercially grown in New Zealand, where it got its name and became popular with British and American soldiers stationed there during World War II.





August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Trivia 6:00 Name That Tune</p>	<p>2</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting 2:00 Paint Day with Raquel 3:00 The Match Game 6:00 Sing-Along</p>	<p>3</p> <p>10:00 Movin' & Groovin' 10:30 Current Events 1:00 What's in a Word? 2:00 Chair Yoga 3:00 Pool Noodle fun 6:00 Singers of Yesterday</p>	<p>4</p> <p>10:00 Morning Stretch 10:00 Touch Therapy - Strongwater Farm 10:30 Daily Chronicles 1:00 Chair Yoga 2:00 Balloon Toss 3:00 Let's Make Music 6:00 Comedy Connection</p>	<p>5</p> <p>Pamper Yourself Day! 10:00 Morning Exercise 10:30 Current Events 1:00 Crossword Puzzles 2:00 Spa Day 3:00 Manicures 6:00 Trivia</p>	<p>6</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 1:30 Entertainment with Andy Ross 2:00 BINGO 3:00 Bean Bag toss 6:00 Friday Night Flick</p>	<p>7</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 3:00 Finish the Phrase 4:00 Trivia 6:00 Crafts</p>
<p>8</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Pictionary 6:00 Name That Tune</p>	<p>9</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Crafts Corner - Bird feeder 2:00 Word Puzzles 3:00 Ring Toss 6:00 Sing-Along</p>	<p>10</p> <p>10:00 Book Reading with Kristen 10:30 Current Events 1:00 What's in a Word? 2:00 Social hour with Bobo 3:00 Chair Yoga 6:00 Singers of Yesterday</p>	<p>11</p> <p>10:00 Morning Stretch 10:00 Touch Therapy - Strongwater Farm 10:30 Daily Chronicles 1:30 Music with Marlena 2:00 Balloon Toss 3:00 Name That Tune 6:00 Comedy Connection</p>	<p>12</p> <p>10:00 Morning Exercise 10:30 Current Events 1:00 Crossword Puzzles 1:30 Dance Yoga with Jan 2:30 Sing Along with Bob Desmarais 3:30 Balloon Tennis 6:00 Trivia</p>	<p>13</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Conversation toss 2:00 BINGO 3:00 Crafts corner - Wood project 6:00 Friday Night Flick</p>	<p>14</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 3:00 What's in a Word? 6:00 The Lawrence Welk Show</p>
<p>15</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Ring Toss 6:00 Name That Tune</p>	<p>16</p> <p>Lighthouse History Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting - Lighthouses 2:00 Reminiscing group 3:00 The Match Game 6:00 Sing-Along</p>	<p>17</p> <p>10:00 Movin' & Groovin' 10:30 Current Events 1:00 What's in a Word? 1:30 Ice Cream Outing 2:00 Chair Yoga 3:00 Balloon Fun 6:00 Singers of Yesterday</p>	<p>18</p> <p>10:00 Morning Stretch 10:00 Touch Therapy - Strongwater Farm 10:30 Daily Chronicles 1:00 Chair Yoga 2:00 Honky Tonk Piano with Gary 3:00 Balloon Toss 6:00 Comedy Connection</p>	<p>19</p> <p>10:00 Morning Exercise 10:30 Current Events 1:30 Bob Baker sings in our courtyard 2:00 Manicures 3:00 Pictionary 6:00 Trivia</p>	<p>20</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Ring Toss 6:00 Friday Night Flick</p>	<p>21</p> <p>10:00 Morning Stretch 10:30 Current Events 11:00 Boggle 1:00 Hangman 2:00 Social Hour Cocktails 6:00 Crafts</p>
<p>22</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Corn Hole 6:00 Name That Tune</p>	<p>23</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Word Puzzles 2:00 Armchair Travel 3:00 Yahtzee 6:00 Sing-Along</p>	<p>24</p> <p>10:00 Book Reading with Kristen 10:30 Current Events 1:00 What's in a Word? 2:00 Sing along with our Library Friends 3:00 Horseshoes 6:00 Singers of Yesterday</p>	<p>25</p> <p>10:00 Morning Stretch 10:00 Touch Therapy - Strongwater Farm 10:30 Daily Chronicles 1:00 Chair Yoga 2:00 Entertainment with the Rochaholics 3:00 Balloon Toss 6:00 Comedy Connection</p>	<p>26</p> <p>Cherry Popsicle Day 10:00 Morning Exercise 10:30 Current Events 1:00 Dance Yoga with Jan 2:00 Entertainment with Chris Brunelle 3:00 Manicures 6:00 Trivia</p>	<p>27</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Pizza Day 3:00 BINGO 6:00 Friday Night Flick</p>	<p>28</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 3:00 Ring Toss 6:00 The Lawrence Welk Show</p>
<p>29</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Tennis 6:00 Name That Tune</p>	<p>30</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting 2:00 Reminiscing group 3:00 Ring Toss 6:00 Sing-Along</p>	<p>31</p> <p>Eat Outside Day 10:00 Movin' & Groovin' 10:30 Current Events 1:00 What's in a Word? 2:00 Country Music with Jackie Lee 3:00 Chair Yoga 6:00 Singers of Yesterday</p>	<p>Happy Birthday! Bob A - 8/9 Mary - 8/11 Liz - 8/19</p>			

Resident Spotlight: Priscilla Lessard



1. Where would you like to travel to?
"To Europe."
2. Where is your hometown?
"Nashua, NH."
3. What do you like to do in your spare time?
"Crossword, puzzles and playing bridge."
4. What is your greatest accomplishment?
"My 4 children. I have 2 boys and 2 girls."
5. What did you enjoy most about your career?
"The family gatherings."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Fact: My husband was a pianist and we got invited to several gatherings just so he would play.

Associate Spotlight: Carol Giffin



1. Where would you like to travel to?
"Adirondacks."
2. Where is your hometown?
"Boston, Ma."
3. What do you like to do in your spare time?
"Gardening and reading."
4. What is your greatest aspiration?
"To bring kindness and happiness to others."
5. What do you enjoy most about your career?
"Doing activities and being with the residents."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Fact: "I looked just like my dad when I was born."