

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday                |
|---|--|---|---|--|--|-------------------------|
|  <h1 style="color: red; font-family: serif;">October 2021</h1> |  |   |   |  |  |                         |
|   |  |   |   |  | 1  | 2                       |
|   |  |   |   |  | <b>9AM</b> Coffee, chat, and<br><b>10 Match Game</b><br><b>1:30 Boggle</b>   | <b>1:30 Movie time!</b> |
| 3   | 4  | 5   | 6   | 7  | 8  | 9                       |
| <b>10:30</b> Library TV:<br><b>Live Mass</b> from the<br><b>Parish of the<br/> Resurrection</b> in<br>Nashua                                    | <b>Kanelbullens Dag!</b><br><b>(Cinnamon Roll Day!)</b><br><b>9AM</b> coffee, cinnamon<br>bunsnd<br>'Synonym Bun' game!<br><b>1:30 Bingo!</b>  | <b>9AM</b> Coffee/chat<br><b>10:45</b> Rosary/Communion<br><b>1:30</b> Wii Bowling!<br><b>3PM</b> <i>New Entertainer-</i><br><b>Chris Eckblum!</b>            | <b>9AM</b> coffee, chat and<br><b>10</b> exercises<br><br><b>2PM</b> Music with<br><b>Andy Ross</b>                                     | <b>9AM</b> Coffee/manicures<br><br><b>3PM</b> As seen on TV!<br><b>Paul Devers-Pumpkin<br/> Carver extraordinaire!</b> | <b>9AM</b> Coffee, chat, and<br><b>10</b> Lawn Darts<br><br><b>1:30</b> Water pong!<br>  | <b>1:30 Movie time!</b> |
| 10  | 11   | 12  | 13  | 14   | 15   | 16                      |
| <b>10:30</b> Library TV:<br><b>Live Mass</b> from the<br><b>Parish of the<br/> Resurrection</b> in<br>Nashua                                    | <b>9AM</b> Coffee and chat<br><b>10</b> Hangman<br><br><b>1:30</b> Bingo!  | <b>9AM</b> Coffee and chat<br><b>10</b> Corn Hole game<br><b>10:45</b> Rosary/Communion<br><b>1:30</b> Left/ Right /Center!<br><b>3:15</b> Music with Carolyn | <b>9AM</b> coffee, chat<br><b>10</b> exercises<br><b>1:30</b> Wii Bowling<br><b>3:15</b> PM Music with<br><b>Marlena!</b>               | <b>9AM</b> Coffee, chat, and<br><b>Manicures</b><br><br><b>1:30</b> Bingo  | <b>9AM</b> Coffee, chat, and<br><b>10</b> Password<br><br><b>1:30</b> painting Fall  | <b>1:30 Movie time!</b> |
| 17  | 18   | 19  | 20  | 21   | 22   | 23                      |
| <b>10:30</b> Library TV:<br><b>Live Mass</b> from the<br><b>Parish of the<br/> Resurrection</b> in<br>Nashua                                    | <b>9AM</b> Coffee and chat<br><b>10</b> Match Game<br><br><b>1:30</b> Bingo!   | <b>9AM</b> Coffee, chat and<br><br><b>10:45</b> Rosary/Communion<br><b>1:30</b> Straight Shooters<br>For Nickels!   | <b>9AM</b> coffee, chat<br><b>10</b> exercises<br><br><b>1:30</b> Resident Council<br>Followed by Wii Bowling                           | <b>9AM</b> Coffee, chat,<br><b>Manicures</b><br><b>1:30</b> Boggle<br><b>3:15</b> PM Music with<br><b>Bob Baker</b>    | <b>9AM</b> Coffee, chat, and<br><b>Ring Toss!</b><br><br><b>1:30</b> "Table Toss"<br><b>3:15</b> Music with Carolyn            | <b>1:30 Movie time!</b> |
| 24  | 25   | 26  | 27  | 28   | 29   | 30                      |
| <b>10:30</b> Library TV:<br><b>Live Mass</b> from the<br><b>Parish of the<br/> Resurrection</b> in<br>Nashua                                    | <b>9AM</b> Coffee and chat<br><b>10</b> Corn Hole game<br><br><b>1:30</b> Bingo!   | <b>9AM</b> Coffee and chat<br>and RD word games<br><b>10:45</b> Rosary/Communion<br><b>1:30</b> Make a tasty<br><b>Halloween treat!</b>                       | <b>9AM</b> coffee, chat<br><b>10</b> exercises<br><b>1:30</b> Fun but Icky,<br><b>Science Experiments!</b><br><b>3:15</b> Synonyms game | <b>9AM</b> Coffee, chat, and<br><b>Manicures</b><br><br><b>1:30</b> <b>Costume<br/> Contest and Bingo</b>              | <b>9AM</b> Coffee, chat and<br><b>Halloween Humor</b><br><b>1:30</b> Boggle<br><b>3:15</b> Music with<br><b>Chris Brunelle</b> | <b>1:30 Movie time!</b> |
| 31  |  <p style="text-align: center;"> <b>Birthdays:</b><br/> Fred Hebert 10/3<br/> Weezy Lorman 10/18<br/> Lillian Worcester 10/25 </p> |   |   |  |  |                         |
| <b>10:30</b> Library TV:<br><b>Live Mass</b> from the<br><b>Parish of the<br/> Resurrection</b> in<br>Nashua<br><small>Halloween</small>        |  |   |   |  |  |                         |

This activity calendar is resident council approved. It is subject to change. Current recommended Covid-19 guidelines are followed.

Joan's Fall Memory-  
"Wallywhompus"

As Fall's arrival crept up upon us  
Leaves piled high, dark came too  
soon

Growls in the darkness, to the house  
sent us running

"That's WALLYWHOMPUS", Dad  
joked, "coming for you!"

What's your most treasured Fall memory?

Yum! It's Cookbook Month!

**October is Cookbook Month**, which means it's time to get into the kitchen and dust off those pots and pans. With an almost infinite number of free recipes available online, cookbooks might seem a thing of the past. Yet while many forms of print media have suffered in the digital age, cookbooks have maintained their popularity and sales are booming. How have cookbooks maintained such popularity? They are often part autobiography of the cooks who write them and part self-help

for those who struggle in the kitchen, and they almost always lead to a happy and delicious ending. Even for seasoned chefs, cookbooks provide a means of reinvigorating a stale cooking routine or learning some new tricks of the trade. This doesn't mean that you should go out and buy Buck Peterson's **Roadkill Cookbook** (unless you want to whip up his signature "Chili Con Carnage"), but you could explore some of these other unique and innovative options.

**Last Dinner on the Titanic** features a compilation of recipes that were served on that great and ill-fated ocean liner. A ten-course menu featuring oysters, caviar, Lobster Thermidor, Consommé Olga, filet mignon, roast squab, pate de foie gras, and Waldorf pudding was served the very night the iceberg was struck, and recipes for all these dishes and more are found in the cookbook.

When **Microwave Cooking for One** was published in 1999, some reviewers called it the "world's saddest cookbook," but others called its author, Marie T. Smith, "the veritable high priestess of microwave food preparation." Smith demonstrates that the microwave is not merely for reheating leftovers but can prepare everything from pancakes to fried scallops and peach souffle.

Adventurous foodies could try **Bugs for Beginners**. Mechanics will appreciate **Manifold Destiny**, which teaches how to cook on your car engine. There is truly a cookbook that appeals to every possible taste.

Don't Be Scared

Each October, scarecrows begin to appear in and around the village of Pietrebais in Belgium. In some years, hundreds of scarecrows appear. In others, a scant dozen or fewer. No one knows why or how the tradition began 21 years ago in the year 2000, but it is a tradition that has continued ever since.

In the 1500s, it was common for farmers to hire guards to protect their crops from animal pests and thieves. The guards sometimes slept in the fields in straw huts or stood watch on wooden platforms. But as farms grew, farmers could no longer afford to employ vast numbers of guards. They began instead to use human-like watchers. These first scarecrows were erected in the spring, topped with animal skulls or fashioned out of rotting vegetables, or hung on crosses in the image of Christ's crucifixion. They served one purpose: to scare pests like crows away from valuable crops. It seems that these scarecrows have earned a spooky reputation ever since. But in Belgium, there is no need to fear. The scarecrows are often dressed like happy or silly villagers welcoming visitors to Pietrebais.

