

# The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

December 2021



## Memorable Melody: 'Jingle Bell Rock'

Turn on the radio or enter a shopping mall this time of year, and you're bound to hear this hoppin' holiday hit, released by Bobby Helms in 1957. Written by two admen, Joseph Carleton Beal and James Ross Boothe, and featuring guitarist Hank Garland, the song mixes elements of the classic carol "Jingle Bells" with trendy tunes of the era, including "Rock Around the Clock." Within two days of its debut, "Jingle Bell Rock" became a top 10 single, and continues to dominate the airwaves every holiday season.



## Jingle All the Way




The jolly sound of sleigh bells ringing is a sign that winter's on its way. Bells have long been placed on horse harnesses as good luck charms, and before cars were invented, sleigh bells signaled that a horse-drawn carriage was coming down the street. This was especially important when snowy paths softened the sound of the animals' hooves, linking the jingle of bells to the winter season.







# December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday!</b> <ul style="list-style-type: none"> <li>Philip M - 12/28</li> <li>Gail - 12/29</li> </ul>			<b>Welcome, December</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Chair Yoga <b>2:00 December Gazette</b> 3:00 Balloon Toss 6:00 Comedy Connection	10:00 Morning Exercise 10:30 Current Events <b>1:00 A Christmas Carol Movie w/popcorn</b> 2:00 Manicures 3:00 Balloon Tennis 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with Andy Ross</b> 3:00 BINGO 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 3:00 Finish the Phrase 6:00 The Lawrence Welk Show
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Music Trivia 6:00 Name That Tune	<b>St. Nicholas Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles <b>1:00 St. Nicholas Facts</b> <b>2:00 Paint Day with Raquel</b> 3:00 The Match Game 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 What's in a Word? <b>2:00 Toy Tuesday Reminiscing Day</b> 3:00 Christmas Trivia 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Chair Yoga <b>1:30 Music with Marlena</b> <b>3:00 Cook's Corner - Brownie Day</b> 6:00 Comedy Connection	10:00 Morning Exercise 10:30 Current Events 1:00 Crossword Puzzles <b>1:30 Dance Yoga with Jan</b> <b>3:00 Crafts Corner - Christmas Cards</b> 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Gingerbread Houses</b> <b>3:00 North Pole Armchair travel</b> 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Social Hour Cocktails <b>2:00 Entertainment with Bob Rutherford</b> 3:00 What's in a Word? 6:00 Crafts
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Balloon Tennis 6:00 Name That Tune	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting 2:00 Word Puzzles 3:00 Ring Toss 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events <b>1:00 Travel Tales Tuesday</b> <b>2:00 Social hour with Bobo</b> 3:00 Chair Yoga 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles <b>1:00 Cook's Corner - Cupcakes</b> <b>2:00 Honky Tonk piano with Gary</b> 3:00 Ring Toss 6:00 Comedy Connection	10:00 Morning Exercise 10:30 Current Events 1:00 Manicures <b>2:00 Music with Bob Baker</b> <b>3:00 Crafts Corner - Christmas Trees</b> 6:00 Trivia	<b>Ugly Sweater Day</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>1:30 Sing-Along with Chris Ekblom</b> 3:00 BINGO 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 11:00 Boggle 1:00 Hangman 2:00 Social Hour Cocktails 3:00 Ring Toss 6:00 The Lawrence Welk Show
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Pictionary 6:00 Name That Tune	<b>Caroling Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting <b>2:00 It's A Wonderful Life Movie/Popcorn</b> 3:00 Ring Toss 6:00 Christmas Carol Sing-Along	<b>Happy First Day of Winter</b> <b>10:00 Book Reading with Kristen</b> 10:30 Current Events 1:00 Gingerbread Cookies <b>2:00 Christmas Music Sing-Along: Library Friends</b> 3:00 Chair Yoga 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles <b>1:00 Crafts Corner - Ornaments</b> <b>2:00 Entertainment with the Rochaholics</b> 3:00 Corn Hole 6:00 Comedy Connection	10:00 Morning Exercise 10:30 Current Events 1:00 Crossword Puzzles <b>2:00 Sing-Along with Bob Demaris</b> 3:00 Manicures 6:00 Trivia	<b>Christmas Eve</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Eggnog Social 3:00 BINGO 3:00 Christmas Carol Sing-Along 6:00 Friday Night Flick	<b>Christmas</b> 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Social Hour Cocktails 3:00 Finish the Phrase 6:00 Crafts
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Devotions and Hymn Sing 1:30 Coffee Social 2:00 BINGO 3:00 Basketball 6:00 Name That Tune	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Painting - Snowflakes <b>2:00 Country Music with Tim Barrett</b> 3:00 Bowling 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 What's in a Word? <b>2:00 Sing-Along with Library friends</b> 3:00 Ring Toss 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Chair Yoga 2:00 Makeover Day 3:00 Tennis 6:00 Comedy Connection	10:00 Morning Exercise 10:30 Current Events 1:00 Crossword Puzzles <b>2:00 Entertainment with Chris Brunelle</b> 3:00 Manicures 6:00 Trivia	<b>New Year's Eve</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 BINGO <b>3:00 New Year's Eve Celebration</b> 6:00 Friday Night Flick	

## Resident Spotlight: Helen Harris



1. Where would you like to travel to?  
"Hawaii."
  2. Where is your hometown?  
"Pelham, NH."
  3. What do you like to do in your spare time?  
"Sewing."
  4. What is your greatest accomplishment?  
"Working in the bank for 34 years."
  5. What did you enjoy most about your career?  
"I really enjoyed working with numbers."
- Chocolate or Vanilla  
Ocean or Lake  
Book or Movie - Both  
**Fun Fact:** "I enjoyed camping with my family."

## Associate Spotlight: Kayla Warrington



1. Where would you like to travel to?  
"Hawaii."
  2. Where is your hometown?  
"Hudson, NH."
  3. What do you like to do in your spare time?  
"Go shopping and take my dog, Aurora, on walks."
  4. What is your greatest aspiration?  
"To graduate from UMass Lowell and get a job working in finance."
  5. What do you enjoy most about your career?  
"I like getting to meet new people."
- Chocolate or Vanilla - Both  
Ocean or Lake - Both  
Book or Movie  
**Fun Fact:** "I started working at The Inn on my 16th birthday."