

# The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

November 2022



## A Tribute to Veterans

Veterans Day on Nov. 11 is a federal holiday that honors all men and women who have served in the U.S. armed forces. Originally called Armistice Day, the day marks the 11th hour of the 11th day of the 11th month of 1918 when an armistice between Germany and the Allies went into effect, ending World War I.



## A Harvest Gem




Bundles of dried corn cobs with colorful kernels are a familiar sight in fall displays. Called flint corn, this kind of corn is not eaten off the cob like sweet corn, but can be ground into cornmeal, made into hominy or sometimes popped. An heirloom variety of flint corn, called Glass Gem corn, has become a seasonal star due to its glistening rows of rainbow-colored kernels.







November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday</b> <ul style="list-style-type: none"><li>Gloria 11/6</li><li>Gladys 11/8</li><li>Henrietta 11/15</li><li>Patricia 11/22</li><li>Wanda 11/23</li><li>Philip B 11/26</li><li>Margaret 11/30</li></ul>	<b>Music Therapy Services:</b> <b>Mondays:</b> Hardy group @ 10:30 <b>Tuesdays:</b> ALL 1:1s @ 10:30-11:30 <b>Wednesdays:</b> Pollard group @ 10:30 <b>Thursdays:</b> Parker group @ 10:15 <b>Fridays:</b> ALL together group @ 10:30	10:00 Movin' & Groovin' <b>10:15 Dance Yoga with Jan</b> 1:00 Welcome November 2:00 Horoscopes 3:00 Balloon Toss 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Manicures <b>2:00 Entertainment with Jackie Lee</b> 3:00 November Fun Facts 6:00 Balloon Toss	<b>Sandwich Day</b> 10:00 Morning Exercise 10:30 Current Events <b>1:00 Cooks Corner - sandwich</b> <b>2:00 Outing - Scenic drive</b> 3:00 Crafts Corner - Leaves 6:00 Trivia	<b>National Candy Day</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with Andy Ross</b> <b>3:00 Let's make something sweet</b> 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 Entertainment with Bob Rutherford</b> 3:00 Balloon Toss 6:00 The Lawrence Welk Show
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Did you know? 6:00 Name That Tune	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word <b>2:00 Paint Day with Raquel</b> <b>3:00 November Fun Facts</b> 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Honky Tonk Piano with Gary</b> 3:00 Ice Cream social 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Painting - Flag</b> 3:00 Manicures 6:00 Sing along	10:00 Morning Exercise 10:30 Current Events 1:00 Let's explore the Hope Diamond <b>2:00 Entertainment with The Rockoholicss</b> 3:00 Hope Diamond facts 6:00 Trivia	<b>Veterans Day</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with Peter Previte</b> 3:00 Name That Tune 6:00 Friday Night Flick	<b>Chicken Soup for the Soul Day</b> 10:00 Morning Stretch 10:30 Current Events 1:00 Chicken soup for the soul readings <b>2:00 BINGO</b> 3:00 Balloon Tennis 6:00 Crafts
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Trivia 6:00 Name That Tune	<b>Pickle Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Word Games <b>2:00 Entertainment with Bob Pomerleau</b> <b>3:00 Let's taste some Pickles</b> 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Crafts Corner - thankful rocks</b> 3:00 Kickball 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word <b>2:00 Entertainment with Chris Brunelle</b> 3:00 Manicures 6:00 Comedy connection	<b>World Peace Day</b> 10:00 Morning Exercise 10:30 Current Events 1:00 Cooks Corner - Bread <b>2:00 Entertainment with Bob Desmarais</b> 3:00 Volleyball 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Thanksgiving Day Craft</b> 3:00 Pool noodle fun 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Balloon Toss 6:00 The Lawrence Welk Show
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Did you know? 6:00 Name That Tune	<b>World Hello Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Trivia 2:00 Let's learn to say "Hello" in different languages <b>3:00 November Fun Facts</b> 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Sing-Along with Library Friends</b> 3:00 Trivia 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Word puzzles <b>2:00 Entertainment with Bob Baker</b> 3:00 Pumpkin Pie social 6:00 Manicures	<b>Thanksgiving</b> 10:00 Morning Exercise 10:30 Current Events 1:00 Afternoon Yoga <b>2:00 Crafts Corner- Thanksgiving</b> 3:00 Kickball 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with Tim Barrett</b> 3:00 Crafts Corner 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Ring toss 6:00 Crafts
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Bowling 6:00 Name That Tune	<b>Apple Cider Monday</b> 10:00 Morning Stretch 10:30 Daily Chronicles <b>1:00 Cooks Corner - Apple Cider</b> <b>1:45 Sing along with Chris Ekblom</b> 3:00 Cider and Donuts 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events <b>1:00 Outing - Scenic drive</b> 2:00 Reminiscing Group 3:00 Ring toss 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 What do you want to know? Q&A 2:00 Spa Day 3:00 Manicures 6:00 Ring toss			

## Resident Spotlight: Beth Grenier



1. Where would you like to travel to?  
"France."
2. Where is your hometown?  
"Nashua, New Hampshire."
3. What do you like to do in your spare time?  
"I enjoy making and creating greeting cards."
4. What is your greatest accomplishment?  
"Going to Librarian school."
5. What did you enjoy most about your career?  
"I like moving around in my career I was a fourth grade teacher and then became a Librarian at a business."

Chocolate or Vanilla

Ocean or Lake

Book or Movie Both

Fun Fact: "I traveled to Amsterdam for work and learned a lot."

## Employee Spotlight: Brynja Eosue



1. Where would you like to travel to?  
"Iceland."
2. Where is your hometown?  
"Nashua, New Hampshire."
3. What do you like to do in your spare time?  
"I like to go for walks."
4. What is your greatest aspiration?  
"To build the best life possible for my daughters."
5. What do you enjoy most about your career?  
"Making my residents smile."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Fact: "I am a foster parent."