

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

February 2023



Hugs and Kisses

Etched on candy hearts and signed at the bottom of love letters, the letters “xoxo” symbolize a sweet sentiment of “hugs and kisses.” Substituting the letter X for a smooch dates back to the Middle Ages. People who could not read or write would sign documents with an X, then kiss the mark to pledge their sincerity. The letter O joined the X much later, in the mid-1900s, to pair the kiss with a hug.



Valentine's Day Treat

Conversation hearts, also known as candy hearts or Sweethearts, date back to the late 1800s when Oliver Chase and his brother Daniel created the sugary treats. They used vegetable dye to print words on what were originally scallop-shaped confections. Phrases were much longer then, with sayings such as “Married in white, you have chosen right” and “How long shall I have to wait? Please be considerate.” In 1902, the famous heart shape appeared and simpler prints came out, like the familiar “Be Mine” or “Kiss Me.”





February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday <ul style="list-style-type: none"> Alan - 2/5 Marge - 2/8 Jillaine - 2/11 Louise - 2/21 Lorraine - 2/26 			1 10:00 Morning Stretch 10:30 Daily Chronicles 11:00 Groundhog Day predictions 1:00 February Gazette 2:00 Country Music with Jackie Lee 3:00 February fun Facts 6:00 Manicures	2 Groundhog Day 10:00 Morning Exercise 10:30 Current Events 1:00 Words in a Word 2:00 Manicures 3:00 Crafts corner - shadow craft 6:00 Trivia	3 Wear Red Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 All things red 6:00 Friday Night Flick	4 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 Crafts
5 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	6 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Kick ball 1:45 Entertainment with Chris Ekblom 3:00 Words in a Word 6:00 Sing-Along	7 Swinging on a Star Day 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Would you rather game 3:00 Trivia - Bing Crosby 6:00 Singers of Yesterday	8 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss 2:00 Entertainment with Peter Previte 3:00 Cook's Corner - potato 6:00 Trivia	9 Chocolate Kiss Day 10:00 Morning Exercise 10:30 Current Events 1:00 How it's made - Chocolate Kiss 2:00 Entertainment with The Rockoholics 3:00 Chocolate Kiss facts/treat 6:00 Trivia	10 Heart-2-Heart Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Crafts Corner - Fading Hearts 3:00 A trip down memory lane 6:00 Friday Night Flick	11 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Ring toss 6:00 The Lawrence Welk Show
12 Super Bowl Sunday 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Super Bowl Party 3:00 Football toss 6:00 Name That Tune	13 Oatmeal Monday 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Spa Day - Oatmeal Masks 3:00 Manicures 6:00 Sing-Along	14 Valentine's Day 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Valentine's Day - Party 3:00 Chocolate tasting 6:00 Singers of Yesterday	15 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? 2:00 Entertainment with Chris Brunelle 3:00 Breakfast at Tiffany's Movie 6:00 Manicures	16 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing along with Bob Desmarais 3:00 Balloon Toss 6:00 Trivia	17 Healthy Hearts Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Cook's Corner - Healthy Berry smoothie 3:00 Let's think healthy heart 6:00 Friday Night Flick	18 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Finish the Phrase 6:00 Crafts
19 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 NASCAR Facts 6:00 Name That Tune	20 Presidents Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Flower Craft 3:00 Spring is in the air - lemonade/cookies 6:00 Sing-Along	21 Mardi Gras 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Mardi Gras Party 3:00 Fun facts about Mardi Gras 6:00 Singers of Yesterday	22 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Balloon Toss 2:00 Whale tale Wednesday 3:00 Did you know? 6:00 Manicures	23 Dog Biscuit Day 10:00 Morning Exercise 10:30 Current Events 1:00 Let's Make Dog Biscuits 2:00 Sing along with Bob Baker 3:00 Balloon Toss 6:00 Trivia	24 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Chips/salsa 6:00 Friday Night Flick	25 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Words in a Word 6:00 The Lawrence Welk Show
26 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	27 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Crafts Corner 3:00 Bowling 6:00 Sing-Along	28 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Sing along with Library friends 3:00 memory lane 6:00 Singers of Yesterday				Music Therapy Services: Mondays: Hardy group @ 10:30 Tuesdays: ALL 1:1s @ 10:30-11:30 Wednesdays: Pollard group @ 10:30 Thursdays: Parker group @ 10:15 Fridays: ALL together group @ 10:30

Resident Spotlight: Ralph Harrison



1. Where would you like to travel to?
"I'd like to go back to Paris, France."
 2. Where is your hometown?
"Andover, MA."
 3. What do you like to do in your spare time?
"I used to love skiing, sledding with my kids and ice skating."
 4. What is your greatest accomplishment?
"Running a paper corporation."
 5. What did you enjoy most about your career?
"Becoming the director of personnel."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie
Fun Fact: I was in the Marines for 4 years.

Employee Spotlight: Blanca Gagnon



1. Where would you like to travel to?
"Greece."
 2. Where is your hometown?
"Nashua, NH."
 3. What do you like to do in your spare time?
"Spending time with my husband and kids."
 4. What is your greatest aspiration?
"To make sure my kids grow up happy and healthy."
 5. What do you enjoy most about your career?
"I enjoy being able to care for the residents and being able to be there for them."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie
Fun Fact: "I love horror movies and I love to draw."