

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

May 2023



Spring Migration

Grab your binoculars—it's your big chance to view the magnificent spring migration! The beginning of May welcomes the first massive arrivals of migrant birds as they fly from their winter homes in South and Central America to their breeding grounds in the United States, Canada and the Arctic. Although spring migration began in late February, the largest wave of numbers and varieties of birds will arrive this month. Songbirds are especially active in May, so keep an eye on feeders and birdbaths and listen for the songs of our feathered friends.





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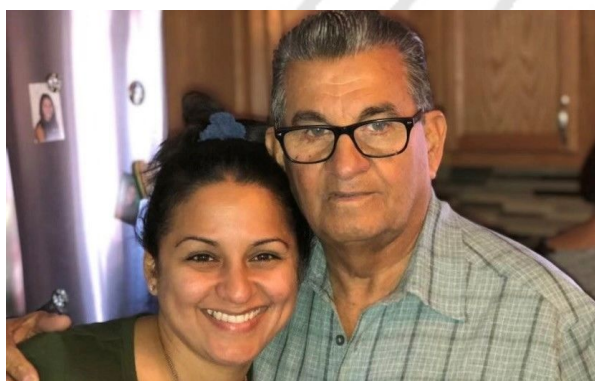
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday <ul style="list-style-type: none">Ralph - 5/6Tom - 5/8Rollie - 5/20Diane - 5/23	1 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 May’s monthly Gazette 3:00 Parachute Fun 6:00 Sing-Along	2 Wear Sunglasses Day 10:00 Movin’ & Groovin’ 10:30 Current Events 1:00 Horoscopes 2:00 Honky Tonk Piano with Gary 3:00 Sunglasses through the decades 6:00 Singers of Yesterday	3 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Wiser now Wednesday 2:00 Country Music with Jackie Lee 3:00 Bowling 6:00 Manicures	4 Firefighters Day 10:00 Morning Exercise 10:30 Current Events 1:00 Thank you cards 2:00 Manicures 3:00 Balloon Toss 6:00 Trivia	5 Cinco De Mayo 10:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Cinco De Mayo - Party 2:00 Entertainment with Andy Ross 3:00 Cook’s corner - chips & salsa 6:00 Friday Night Flick	6 Kentucky Derby Day 10:00 Morning Stretch 10:30 Current Events 1:00 Kentucky Derby 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 The Lawrence Welk Show
7 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	8 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Trivia 2:00 Sing along with Chris Ekblom 3:00 Let’s make music 6:00 Sing-Along	9 10:00 Movin’ & Groovin’ 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Crafts Corner - Thank you 3:00 Did you know? 6:00 Singers of Yesterday	10 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Afternoon stretch 2:00 Entertainment with Peter Previte 3:00 Ball Toss 6:00 Manicures	11 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Entertainment with The Rockoholics 3:00 Balloon Toss 6:00 Trivia	12 10:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Ice Cream Sundae Bar 3:00 Crafts Corner - Flower 6:00 Friday Night Flick	13 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Bowling 6:00 Crafts
14 Mother’s Day 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Ring toss 6:00 Name That Tune	15 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Express it Art with Denise 3:30 Pool noodle fun 6:00 Sing-Along	16 10:00 Movin’ & Groovin’ 10:30 Current Events 11:00 Lunch outing 1:00 Horoscopes 2:00 Bowling 3:00 Did you know? 6:00 Singers of Yesterday	17 A Berry Nice Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Volleyball 2:00 Entertainment with Chris Brunelle 3:00 Snacks corner - Strawberries and cream 6:00 Manicures	18 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing along with Bob Desmarais 3:00 Balloon Toss 6:00 Trivia	19 10:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Backyard games 3:00 Balloon Toss 6:00 Friday Night Flick	20 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Ring toss 6:00 The Lawrence Welk Show
21 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	22 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Entertainment with Bob Pomerleau 3:00 Armchair travel 6:00 Sing-Along	23 10:00 Movin’ & Groovin’ 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Crafts Corner - Lilac 3:00 Ball Toss 6:00 Singers of Yesterday	24 World Turtle Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ice Cream outing 2:00 Crafts corner - Turtle 3:00 Snacks corner - turtles 6:00 Manicures	25 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing along with Bob Baker 3:00 Let’s have a cup of tea 6:00 Trivia	26 10:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Cook’s corner - cherry cheesecake 6:00 Friday Night Flick	27 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Bowling 6:00 Crafts
28 Jello Anniversary 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour - Jello 3:00 Balloon Toss 6:00 Name That Tune	29 Memorial Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Flag craft 3:00 Cook’s Corner - Fruit cups 6:00 Sing-Along	30 Manicure Day 10:00 Movin’ & Groovin’ 10:30 Current Events 1:00 Outing 2:00 Spa Day - manicure 3:00 Homemade sugar scrub 6:00 Singers of Yesterday	31 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Trivia 2:00 Magic show with Larry 3:00 Ring toss 6:00 Manicures	Music Therapy Services: Mondays: Hardy Group @ 10:30 Tuesdays: ALL 1:1s @ 10:30-11:30 Wednesdays: Pollard Group @ 10:30 Thursdays: Parker Group @ 10:15 Fridays: ALL Together Group @ 10:30	Two photographs of residents. The left photo shows an elderly woman with short, curly grey hair, wearing a light green button-down shirt, sitting in a wheelchair and smiling. The right photo shows an elderly man with short grey hair, wearing a grey cardigan over a dark collared shirt, sitting and smiling.	

Resident Spotlight: Florie Marchand



1. Where would you like to travel to?
"Europe."
 2. Where is your hometown?
"Lowell, MA."
 3. What do you like to do in your spare time?
"Walk around and see what has to be done in the yard."
 4. What is your greatest accomplishment?
"I was a city champion in Lowell for tennis."
 5. What did you enjoy most about your career?
"Worked in a relaxed and stress-free factory."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie - Both
Fun Fact: I enjoyed climbing trees and just looking around.

Employee Spotlight: Delis Rivera



1. Where would you like to travel to?
"Texas."
 2. Where is your hometown?
"Brooklyn, NY."
 3. What do you like to do in your spare time?
"Crafts and decorate."
 4. What is your greatest accomplishment?
"My children."
 5. What do you enjoy most about your career?
"Assisting others."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie
Fun Fact: "I enjoy singing and dancing with the residents."