

# The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

September 2023



## You Are Unique

"Don't worry about not fitting in. The things that make people think you're weird are what makes you you, and therefore your greatest strength." —Birgitte Hjort Sorensen



## Sporty September

September marks the beginning of the NFL season, and the MLB season is nearing an exciting end. Two of the most popular sports in America, football and baseball share just one person in their halls of fame: Cal Hubbard, who was a linebacker for three NFL teams and spent 16 seasons as an MLB umpire.




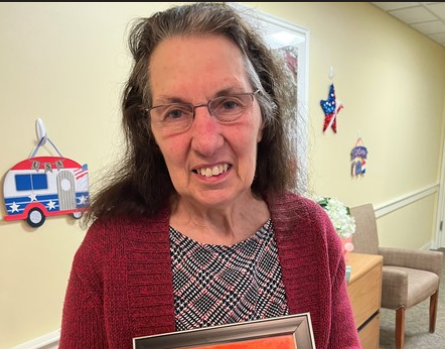


## Brainteaser

Question: My voice is tender, my waist is slender and I'm often invited to play. Yet wherever I go, I must take my bow, or else I have nothing to say. What am I?

Answer: A violin.



September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Happy Birthday</div> <div><div>Dennis - 9/2</div></div>					<div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Monthly Gazette</div> <div>2:00 Entertainment with Andy Ross</div> <div>3:00 Afternoon Yoga</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 Entertainment with Bob Rutherford</div> <div>3:00 Balloon Toss</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Trivia</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Words in a Word</div> <div>2:00 Entertainment with Peter Previte</div> <div>3:00 Price is Right game</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Current Events</div> <div>1:00 How it's made - Cheese</div> <div>2:00 Time to Clay with Deborah</div> <div>3:00 Let's taste some cheese</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Ice cream facts</div> <div>2:00 Country Music with Jackie Lee</div> <div>3:00 Coffee Ice cream treat</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Entertainment with Brian Henderson</div> <div>3:00 Balloon Toss</div> <div>6:00 Trivia</div>	<div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Outing</div> <div>3:00 Outdoor games</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Balloon Toss</div> <div>6:00 The Lawrence Welk Show</div>
<div>Grandparents Day</div> <div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Bowling</div> <div>6:00 Name That Tune</div>	<div>Patriot Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Ring toss</div> <div>2:00 Patriotic Music with Chris Brunelle</div> <div>3:00 Tattoos and Bubbles</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' &amp; Groovin'</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Let's have a milkshake</div> <div>3:00 Outdoor games</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Pizza Party</div> <div>2:00 Entertainment with The Rockoholics</div> <div>3:00 Word game Wednesday</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Carnival Day snacks</div> <div>2:00 Honky Tonk Piano with Gary</div> <div>3:00 Carnival day Games</div> <div>6:00 Trivia</div>	<div>Make a Hat Day</div> <div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Crafts Corner - Hat</div> <div>2:00 Photo booth Fun</div> <div>3:00 Words in a Word</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Let's learn about covered bridges</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Volleyball</div> <div>6:00 Name That Tune</div>	<div>Emmy Awards</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Words in a Word</div> <div>2:00 Honky Tonk Piano with Gary</div> <div>3:00 Emmy Award shows of the past</div> <div>6:00 Sing-Along</div>	<div>A Beautiful Day</div> <div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Entertainment with Bob Pope</div> <div>3:00 Beauty trends of the past</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Ball Toss</div> <div>2:00 Entertainment with Chris Brunelle</div> <div>3:00 Back to School Memories</div> <div>6:00 Manicures</div>	<div>World Alzheimer's Day</div> <div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Let's get outside</div> <div>2:00 Sing along with Bob Desmarais</div> <div>3:00 Balloon Toss</div> <div>6:00 Trivia</div>	<div>Fruits of the Harvest Day</div> <div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Country Music with Tim Barrett</div> <div>3:00 Cooks corner - healthy salad</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Ring toss</div> <div>6:00 The Lawrence Welk Show</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Trivia</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Words in a Word</div> <div>2:00 Entertainment with Bob Pomerleau</div> <div>3:00 Jeopardy</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' &amp; Groovin'</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Sing Along with Library Friends</div> <div>6:00 Singers of Yesterday</div>	<div>National Women's Health and Fitness Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Chair Yoga</div> <div>2:00 Entertainment with Lin Darcy</div> <div>3:00 Hummus and crackers</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Sing Along with Bob Baker</div> <div>3:00 Balloon Toss</div> <div>6:00 Trivia</div>	<div>10:00 Movin' &amp; Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Outing - Scenic drive</div> <div>3:00 Jeopardy</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Words in a Word</div> <div>6:00 Crafts</div>

## Resident Spotlight: Sandy Tebbettes



1. Where would you like to travel to?  
"I'd love to go to Paris."
2. Where is your hometown?  
"Laconia, NH."
3. What do you like to do in your spare time?  
"I like to read and do crossword puzzles."
4. What is your greatest accomplishment?  
"My job teaching school."
5. What did you enjoy most about your career?  
"All the kids."

Chocolate or Vanilla

Ocean or Lake - both

Book or Movie

**Fun Fact:** I married my husband, George, on April Fools' Day.

## "This Month In History"

### SEPTEMBER

**1916:** The British Army uses the offensive tank in battle for the first time amidst World War I. Ushering in a new era of mechanical warfare, the tanks were unrefined and unreliable during their first battles.

**1931:** The weekly broadcast "15 Minutes With Bing Crosby" debuts, launching the iconic career of the multimedia superstar.

**1947:** The U.S. Air Force becomes an official branch of the Armed Forces. The Air Force is the second-youngest branch, just ahead of the Space Force, which was established in 2019.

**1956:** Play-Doh is marketed and sold as a child's toy for the first time! Originally, it was used to remove soot marks from wallpaper.

**1960:** The first televised debate between two presidential candidates occurs, with John F. Kennedy and Richard Nixon discussing domestic concerns.

**1979:** ESPN airs their first broadcast, "SportsCenter." The sports news show remains the network's flagship program, with segments playing multiple times a day.

**1986:** The House of Representatives votes "aye" on the rose resolution. By the end of the year, President Ronald Reagan would declare the rose the national flower of America.

**2020:** Norman Lear is the oldest person to ever win an Emmy. First setting the record in 2019, the TV writer and producer surpassed himself the next year, when he won an Emmy for outstanding variety special at age 98.