

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

February 2024



Take a Leap

2024 is a leap year, when February has an extra day. Take inspiration from Leap Day on Feb. 29 to "take a leap" and try something new in your life, such as joining a club or taking a class.



Awaiting the Season's Change

"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch." —Patience Strong



Resident Spotlight: Popi Skames



1. Where would you like to travel to?
"I'd love to go to California."
2. Where is your hometown?
"Lowell, MA."
3. What do you like to do in your spare time?
"I like to spend my spare time reading."
4. What is your greatest accomplishment?
"Becoming secretary at different jobs I've had."
5. What did you enjoy most about your career?
"Checking people in."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Fact: I like to listen to music.

"This Month In History" FEBRUARY

1942: Year-round daylight saving time, called "war time," is signed into U.S. law by President Franklin D. Roosevelt. To save energy, all time zones moved ahead one hour until the end of World War II.

1950: Disney's animated fairy tale feature "Cinderella" delights audiences when it opens in movie theaters.

1960: In a civil rights movement milestone, four Black college students begin a sit-in protest at a lunch counter in Greensboro, N.C., where they had been denied service.

1972: With over 15 million manufactured, the Volkswagen Beetle becomes the world's bestselling car.

1989: A network of 24 GPS satellites is launched into orbit over Earth, revolutionizing navigation and everyday technology.

1998: British singer-songwriter Elton John is knighted by Queen Elizabeth II for his contributions to music and his charity work.

2006: A blizzard buries the Northeast. New York City received a record-setting 26.9 inches of snow.

2020: At the Oscars, the South Korean thriller "Parasite" is named best picture. It was the first foreign-language film to win the top honor.



February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Happy Birthday</div> <div><ul style="list-style-type: none">Marge - 2/8Jill - 2/11Mary - 2/12Fr. Alex - 2/13Louise - 2/21Alan - 2/25</div>				<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 February Gazette</div> <div>2:00 Groundhog Day predictions</div> <div>3:00 Famous Birthdays</div> <div>6:00 Trivia</div>	<div>Groundhog Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Entertainment with Andy Ross</div> <div>3:00 Story of Groundhog Day</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>1:30 Entertainment with Bob Rutherford</div> <div>2:00 BINGO</div> <div>3:00 Balloon Toss</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Grammy Awards</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 History of the Bronze Star</div> <div>6:00 Name That Tune</div>	<div>Chocolate Fondue Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Words in a Word</div> <div>2:00 Lets make some fondue</div> <div>3:00 Let's play golf</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Baseball Hall of Fame Trivia</div> <div>3:00 Lets watch The Life of Babe Ruth</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Wiser Now Wednesday</div> <div>2:00 Country Music with Jackie Lee</div> <div>3:00 Would You Rather?</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Entertainment with Peter Previte</div> <div>3:00 Let's snack on some Tater tots</div> <div>6:00 Trivia</div>	<div>National Pizza Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Entertainment with The Rockoholics</div> <div>3:00 Let's make some pizza</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Ring toss</div> <div>6:00 The Lawrence Welk Show</div>
<div>Super Bowl Sunday</div> <div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Super Bowl Party</div> <div>3:00 Super bowl word games</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Balloon Tennis</div> <div>2:00 Crafts Corner - Love you to pieces</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-Along</div>	<div>Mardi Gras</div> <div>10:00 Movin' & Groovin'</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Mardi Gras true/false</div> <div>2:00 Entertainment with Peter Previte</div> <div>3:00 Mardi Gras Party - pancakes</div> <div>6:00 Singers of Yesterday</div>	<div>Valentine's Day - Ash Wednesday</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Valentine's Day - Party</div> <div>2:00 Entertainment with Lin Darcy</div> <div>3:00 Valentine's Day milkshakes</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Think About It Thursday</div> <div>2:00 Sing along with Bob Desmarais</div> <div>3:00 Cranium Crunches</div> <div>6:00 Armchair travel - San Diego Zoo</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Country Music with Tim Barrett</div> <div>3:00 Crafts Corner - Bird feeder</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Balloon Volleyball</div> <div>6:00 Crafts</div>
<div>NASCAR Day</div> <div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 NASCAR facts & The History Auto Racing</div> <div>6:00 Name That Tune</div>	<div>Presidents Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Horoscopes</div> <div>2:00 President's day word games</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-Along</div>	<div>"Spring Is in the Air" Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Spring puzzles</div> <div>2:00 Entertainment with Brian Henderson</div> <div>3:00 Colorado Wildflower Tour</div> <div>6:00 Singers of Yesterday</div>	<div>Sticky Bun Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Facts about Our First Ladies</div> <div>2:00 Entertainment with Chris Brunelle</div> <div>3:00 Let's enjoy some sticky buns</div> <div>6:00 Manicures</div>	<div>Margarita Day</div> <div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Sing-Along with Bob Baker</div> <div>3:00 Let's share a margarita!</div> <div>6:00 Trivia</div>	<div>Dog Biscuit Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>11:00 Lunch outing</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Let's make dog biscuits</div> <div>3:00 Let's watch some funny clips of pets</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Words in a Word</div> <div>6:00 The Lawrence Welk Show</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Submarine invention history</div> <div>6:00 Name That Tune</div>	<div>Friend Forever Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Friendship Bracelets</div> <div>2:00 Honky Tonk Piano with Gary</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Sing Along with Library Friends</div> <div>3:00 Bowling</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 History of wedding trends</div> <div>2:00 Entertainment with Bob Pope</div> <div>3:00 Armchair travel - Colorado</div> <div>6:00 Manicures</div>	<div>Leap Day</div> <div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Balloon Toss</div> <div>2:00 Leap Year movie and popcorn</div> <div>3:00 Leap Day facts</div> <div>6:00 Trivia</div>		