



# The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

April 2024



### The Rhythm of Spring

"It is spring again. The Earth is like a child that knows poems by heart." —Rainer Maria Rilke



### Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!





# April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday!</b> <ul style="list-style-type: none"> <li>Billy - 4/26</li> <li>Joan U - 4/29</li> </ul>	<b>April Fools' Day</b> 1 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 April Fools' word game 2:00 History's Biggest Pranks & Pranksters 3:00 April Fools' Day Around the World 6:00 Sing-Along	<b>PB&amp;J Day</b> 2 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Let's make some PB&J snacks 3:00 Armchair travel - Scotland 6:00 Singers of Yesterday	<b>Find a Rainbow Day</b> 3 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Learn about Rainbows <b>2:00 Country Music with Jackie Lee</b> 3:00 Wiser now Wednesday 6:00 Manicures	4 10:00 Morning Exercise 10:30 Current Events 1:00 20 questions <b>2:00 Sing along with Bob Desmarais</b> 3:00 Who am I? 6:00 Trivia	5 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with Andy Ross</b> 3:00 Did you know? 6:00 Friday Night Flick	6 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 Entertainment with Bob Rutherford</b> <b>3:00 BINGO</b> 6:00 The Lawrence Welk Show
7 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Trivia 6:00 Name That Tune	8 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Celestial-Themed Trivia 2:00 Let's watch a Total Solar Eclipse 3:00 Cooks' corner - moon pies 6:00 Sing-Along	9 10:00 Movin' & Groovin' <b>10:15 Dance Yoga with Jan</b> 10:30 Current Events 1:00 Horoscopes <b>2:00 Sing along with Chris Ekblom</b> 3:00 Reminiscing Group - Kite flying 6:00 Singers of Yesterday	10 <b>Community Spirit Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? <b>2:00 Entertainment with Lin Darcy</b> 3:00 Jeopardy 6:00 Manicures	11 10:00 Morning Exercise 10:30 Current Events 1:00 Did you know? <b>2:00 Entertainment with Peter Previte</b> 3:00 Manicures 6:00 Trivia	12 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with The Rockoholics</b> 3:00 Balloon Tennis 6:00 Friday Night Flick	13 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Trivia 6:00 Crafts
14 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Word search puzzles 6:00 Name That Tune	<b>Anniversary of McDonald's</b> 15 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss <b>2:00 Crafts Corner -Fence</b> 3:00 Words in a Word 6:00 Sing-Along	16 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Entertainment with Brian Henderson</b> 3:00 20 questions 6:00 Singers of Yesterday	<b>Mustang Day</b> 17 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss <b>2:00 Entertainment with Chris Brunelle</b> 3:00 Facts about the automobile 6:00 Manicures	18 10:00 Morning Exercise 10:30 Current Events <b>1:00 Outing</b> 2:00 Manicures 3:00 Balloon Toss 6:00 Trivia	19 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Country Music with Tim Barrett</b> 3:00 Jeopardy 6:00 Friday Night Flick	20 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Ring toss 6:00 The Lawrence Welk Show
21 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Trivia 6:00 Name That Tune	<b>Earth Day</b> 22 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's get outside 2:00 Reminiscing with the Senses -Gardening 3:00 Crafts Corner - Kite 6:00 Sing-Along	23 10:00 Movin' & Groovin' <b>10:15 Dance Yoga with Jan</b> 10:30 Current Events 1:00 Horoscopes <b>2:00 Outing</b> 3:00 Who am I? 6:00 Singers of Yesterday	24 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Armchair travel - tropical getaway <b>2:00 Entertainment with Carol Leary</b> 3:00 Jeopardy 6:00 Manicures	<b>Red Hat Day</b> 25 10:00 Morning Exercise 10:30 Current Events 1:00 Let's learn about the Red Hat Society <b>2:00 Sing-Along with Bob Baker</b> 3:00 Crafts Corner - red hats 6:00 Trivia	26 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 The Carol Burnett Show 3:00 Did you know? 6:00 Friday Night Flick	<b>Babe Ruth Day</b> 27 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Bowling 6:00 Crafts
28 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Word puzzles 6:00 Name That Tune	29 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word <b>2:00 Honky Tonk Piano with Gary</b> 3:00 Pretzel candy treats 6:00 Sing-Along	30 <b>Retro Toys Day</b> 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Reminiscing group - old-time toys</b> 3:00 Classic Toys Picture Bingo 6:00 Singers of Yesterday				

## Resident Spotlight: Beth Grenier



1. Where would you like to travel to?  
"I'd love to visit Florida."
2. Where is your hometown?  
"Nashua, NH."
3. What do you like to do in your spare time?  
"I like to spend my spare time watching TV and coloring."
4. What is your greatest accomplishment?  
"Marrying my husband and helping to raise my stepchildren."
5. What did you enjoy most about your career?  
"I loved teaching 4th grade."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

**Fun Fact:** I love music and singing.

# "This Month In History"

## APRIL

**1860:** The first Pony Express rider leaves St. Joseph, Mo.

**1908:** Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

**1932:** Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

**1956:** Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

**1970:** Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

**1994:** South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country's first Black president.

**2010:** Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

**2021:** A rare copy of "Action Comics #1," featuring the debut of Superman, sells for a record-breaking \$3.25 million.