



The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

August 2024



Dog Days of Summer

The term “dog days” was first used by the ancient Romans to refer to late July and early August. That is when Sirius, the “dog star,” would rise and set in conjunction with the sun. The Romans believed the star added to the heat produced by the sun.






Life's a Peach

The peach, that sweet summer fruit, has long been a way to describe someone or something lovely—think “You’re a peach!” or “Things are just peachy.” The 1950s brought the fun phrase “peachy keen,” and an idyllic existence is sometimes called “peaches and cream”—as in “Life is not always peaches and cream.” Get a true taste of what these words are all about by enjoying some fresh peaches this month. You may find the experience just peachy!





August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! <ul style="list-style-type: none"> • Bill - 8/3 • Bernie - 8/4 • Ella - 8/15 • Liz - 8/19 • Betty - 8/27 • Adrian - 8/29 				10:00 Morning Exercise 10:30 Current Events 1:00 August Gazette 2:00 Magic with Jay Resmini 3:00 Balloon Toss 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Let's have an ice cream sandwich 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 1:30 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 Crafts
Chocolate Chip Cookie Day 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Let's share a cookie with Friends 6:00 Name That Tune	Neil Armstrong Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Outing - Discovery Center 2:00 Let's learn about more space milestones 3:00 Words in a Word 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 I Love Lucy word fit 2:00 Jeopardy 3:00 I love Lucy trivia 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Wiser now Wednesday 2:00 Elvis Tribute with Peter Previte 3:00 Elvis Trivia 6:00 Manicures	Happiness Happens Day 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Crafts corner - Suns 3:00 Balloon Toss 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with The Rockoholics 3:00 Jeopardy 6:00 Friday Night Flick	S'more Day 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Let's enjoy some s'mores 6:00 The Lawrence Welk Show
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Outdoor games 6:00 Name That Tune	Melon Monday 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Sing along with Amy 3:00 Let's share some melon 6:00 Sing-Along	10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Sing along with Chris Ekblom 3:00 Summer songs 6:00 Singers of Yesterday	Creamsicle Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Little league word search 2:00 Entertainment with Lin Darcy 3:00 Let's have a Creamsicle 6:00 Manicures	10:00 Morning Exercise 10:00 Outing Palace Theater 10:30 Current Events 1:00 Let's learn about French cooking 2:00 Cooks Corner - French fries 3:00 Ring Toss 6:00 Trivia	Remembering Elvis Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Reminisce about Elvis 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Balloon Volleyball 6:00 Crafts
10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Bean bag toss 6:00 Name That Tune	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's learn about the blue moon 2:00 Honky Tonk Piano with Gary 3:00 Let's have a blueberry treat 6:00 Sing-Along	NFL's Birthday 10:00 Movin' & Groovin' 10:30 Current Events 1:00 The history of Football 2:00 Entertainment with Brian Henderson 3:00 Football Trivia 6:00 Singers of Yesterday	National Senior Citizens Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's read the proclamation 2:00 Entertainment with Chris Brunelle 3:00 Luau & Leis 6:00 Manicures	10:00 Morning Exercise 10:30 Current Events 1:00 Sunflowers 2:00 Sing-Along with Bob Baker 3:00 Let's Have Strawberries & Whipped Cream 6:00 Trivia	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Crafts corner - string art 3:00 Jeopardy 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Outdoor games 6:00 The Lawrence Welk Show
Wizard of Oz Day 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	National Dog Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Mixed up dog puzzle 2:00 Let's make some dog treats 3:00 Words in a Word 6:00 Sing-Along	10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Cooks Corner - Banana Bread 3:00 Let's play the hungry hungry 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 "I have a dream" speech 2:00 Country Music with Jackie Lee 3:00 Word games 6:00 Manicures	10:00 Morning Exercise 10:30 Current Events 1:00 Mary Poppins Trivia 2:00 Sing along with Bob Desmarais 3:00 Balloon Toss 6:00 Sing along	10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Marshmallow games 3:00 Let's make some Rice Krispy treats 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Who Am I? Princess Diana 6:00 Crafts

Resident Spotlight: Tom Cowan



1. Where would you like to travel to?
"I would love to go to Hawaii."
2. Where is your hometown?
"Born in Boston, MA"
3. What do you like to do in your spare time?
"I love listening to semi classical music."
4. What is your greatest accomplishment?
"Getting married and raising a family."
5. What did you enjoy most about your career?
"Being a family man"

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Fact: I met my wife in Boston at a YWCA during a 25-cent dance night.

"This Month In History"

AUGUST

1907: UPS is founded as a messenger service by two teenagers in Seattle. It's now one of the world's largest package delivery companies.

1913: Stainless steel is invented by Harry Brearley of England.

1946: The first U.S. coin honoring an African American is authorized for minting. A commemorative half dollar was designed to pay tribute to educator Booker T. Washington.

1959: President Dwight D. Eisenhower signs an official proclamation admitting Hawaii as the 50th U.S. state.

1969: Half a million people gather at a farm in upstate New York for the Woodstock music festival. The landmark three-day event featured more than 30 artists and bands.

1990: MLB history is made when Ken Griffey Sr. and Ken Griffey Jr. become the first father and son to play on the same team, the Seattle Mariners.

2005: Hurricane Katrina forms in the Atlantic and makes landfall along the Gulf Coast, devastating the region.

2020: The music video of the hit song "Dynamite," by Korean boy band BTS, sets a record on YouTube as the first video with over 100 million views in its first 24 hours.