



The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

October 2024



Wash Germs Away

Your hands become covered with germs every time you push an elevator button, open a door or flip a light switch—which is why washing your hands is the best way to keep from getting sick. Scrub with soap and hot water for 20 seconds. Use an alcohol-based hand sanitizer if you can't get to a sink.



Twisty Treat

From ballgames to happy hours to Oktoberfest celebrations, pretzels are a staple of the snacking world. Since their invention sometime in the Middle Ages, the baked treats' twisted knots have held multiple meanings, including good fortune and new beginnings.






Happy October!

"Autumn leaves are falling, filling up the streets;
Golden colors on the lawn, nature's trick or treat!"
—Rusty Fischer



October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! <ul style="list-style-type: none"> Fred - 10/12 Jim - 10/16 Elaine -10/21 		1 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Monthly Gazette 2:00 October Jeopardy 3:00 Horoscopes 6:00 Singers of Yesterday	2 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Wiser now Wednesday 2:00 Country Music with Jackie Lee 3:00 "Who Said That?" 6:00 Manicures	3 Parachutes for Soldiers Day 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Parachute Fun 3:00 Balloon Toss 6:00 Trivia	4 Taco Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 11:30 Lunch outing -Taco's 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Taco fun facts 6:00 Friday Night Flick	5 World Card Making Day 10:00 Morning Stretch 10:30 Current Events 1:00 Let's make some cards 2:00 Entertainment with Bob Rutherford 3:00 BINGO 6:00 The Lawrence Welk Show
6 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	7 Frappe Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Crafts Corner - scarecrows 3:00 Let's make a Frappe 6:00 Sing-Along	8 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Outing - scarecrows 2:00 Jeopardy 3:00 Fact's about Italy 6:00 Singers of Yesterday	9 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Jeopardy 2:00 Entertainment with Lin Darcy 3:00 History of sneakers 6:00 Manicures	10 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Entertainment with Peter Previte 3:00 Balloon Toss 6:00 Trivia	11 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with The Rockoholics 3:00 Let's enjoy a sweet treat 6:00 Friday Night Flick	12 Scarecrow Saturday 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Balloon Tennis 6:00 Crafts
13 Navy's Birthday 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 History of the Navy 6:00 Name That Tune	14 Columbus Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss 2:00 Columbus day facts 3:00 Words in a Word 6:00 Sing-Along	15 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 Let's make some pizza 6:00 Singers of Yesterday	16 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 How its made - donuts 2:00 Entertainment with Chris Brunelle 3:00 Apple cider and Donuts 6:00 Manicures	17 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing Along with Bob Desmarais 3:00 Balloon Volleyball 6:00 Trivia	18 Tell a Funny Story Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Let's tell a funny story 6:00 Friday Night Flick	19 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Halloween Craft 6:00 The Lawrence Welk Show
20 "Monster Mash" Day 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Monster Mash Puzzle 6:00 Name That Tune	21 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Hangman 2:00 Honky Tonk Piano with Gary 3:00 Words in a Word 6:00 Sing-Along	22 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Sing along with Library Friends 3:00 Jeopardy 6:00 Singers of Yesterday	23 A BOO-tiful! Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 BOO puzzles 2:00 Crafts Corner - pinecone owl 3:00 Did you know? 6:00 Manicures	24 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing-Along with Bob Baker 3:00 Balloon Toss 6:00 Trivia	25 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Crafts Corner - Fall wreaths 3:00 Let's learn some magic 6:00 Friday Night Flick	26 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Halloween Craft 6:00 Crafts
27 Spooky Sunday 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Bowling 6:00 Name That Tune	28 Statue of Liberty's Anniversary 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Armchair travel - New York 2:00 Crafts corner - Pumpkins 3:00 Words in a Word 6:00 Sing-Along	29 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Scenic outing - Foliage 2:00 Horoscopes 3:00 Jeopardy 6:00 Singers of Yesterday	30 Family Trick or Treat 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 The history of Candy Corn 2:00 Entertainment with Chris Ekblom 3:00 Mixed up candy puzzle 6:00 Manicures	31 Happy Halloween 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Halloween Party 3:00 Halloween Games 6:00 Trivia		

Resident Spotlight: Jane Higgins



1. Where would you like to travel to?
"I would love to go to Paris."
 2. Where is your hometown?
"I've lived in Methuen, MA."
 3. What do you like to do in your spare time?
"I love to golf, cook, read and go on walks."
 4. What is your greatest accomplishment?
"Finishing college so I could teach business ethics to high school students."
 5. What did you enjoy most about your career?
"Getting to know all the student on a personal level."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie
Fun Fact: I wrote a cookbook called Auntie Jane Della's.

"This Month In History" OCTOBER

1900: The U.S. Navy commissions its first modern submarine, the USS Holland, named for its designer, John Philip Holland.

1907: One of the world's landmark hotels, the Plaza opens in New York City.

1915: Woodrow Wilson becomes the first U.S. president to attend a World Series game.

1929: The New York Stock Exchange crashes on what will later be known as "Black Tuesday."

1935: Considered one of the first great American operas, George Gershwin's "Porgy and Bess" premieres on Broadway.

1947: Air Force pilot Chuck Yeager flies an experimental plane and becomes the first person to break the sound barrier.

1950: Charles Schulz's "Peanuts" comic strip debuts in several newspapers.

1962: The Beach Boys release their debut album, "Surfin' Safari."

1972: Called the "Match of the Century," American Bobby Fischer wins the World Chess Championship by defeating Boris Spassky of the Soviet Union.

1986: The International Olympic Committee announces it will change its 70-year tradition and hold the Summer and Winter Games in different years.

1998: Comedian Richard Pryor receives the first Mark Twain Prize for American Humor.

2007: Alex Rodriguez signs a record 10-year, \$275 million contract with the New York Yankees. It was the richest deal in pro sports at the time.

2016: Singer-songwriter Bob Dylan is awarded the Nobel Prize for literature. He was the first songwriter to win the prestigious award.