



The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

happy new year

Days of December

December brings the arrival of winter, the holiday season, and the eve of the new year. Enjoy this exciting time!



Remember When: Wooden Sleds

For generations of children, the combination of a winter snowfall and a nearby hill made for a day of sledding fun. One of the most popular means of riding the snowy slopes was aboard a Flexible Flyer. The iconic wooden sled with its eagle logo, red metal runners and hardwood seat slats was famous for a revolutionary feature—a flexible front-end steering bar that allowed the rider to control their course. Created in 1899 by a New Jersey manufacturer, millions of the sleds were sold up until the 1980s.

December 2024



Handcrafted Happiness

Knitting, drawing and woodworking are just some of the handicrafts that can amp up your happiness. Experts studying the benefits of these pursuits say making something with your hands fosters creative thought, which can produce moments of joy.



Frosty and Festive

"Winter is not a season, it's a celebration."
—Anamika Mishra



December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mistletoe Day 1 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 December Gazette 2:00 Social Hour with Cocktails 3:00 Mistletoe puzzles 6:00 Name That Tune	2 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Honky Tonk Piano with Gary 3:00 How it's made - candy cane 6:00 Sing-Along	Toys Tuesday 3 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Classic Toys Bingo 3:00 What am I? - Toys 6:00 Singers of Yesterday	4 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Christmas carol sing along 2:00 Country Music with Jackie Lee 3:00 Jeopardy 6:00 Christmas caroling with Cub Scouts	5 10:00 Morning Exercise 10:30 Current Events 11:00 Outing - Palace Theatre 2:00 Crafts Corner - Christmas tree 3:00 Balloon Toss 6:00 Trivia	St. Nicholas Day 6 10:00 Movin' & Groovin' 10:00 Outing - Tree Festival 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Fun facts about St. Nicholas 6:00 Friday Night Flick	7 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Entertainment with Bob Rutherford 3:00 Trivia 6:00 Crafts
Brownie Day 8 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Let's make some brownies 6:00 Name That Tune	Pastry Day 9 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Perfect Pastries puzzles 2:00 Donuts & Discussion 3:00 Words in a Word 6:00 Sing-Along	10 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Travel Tales Tuesday 2:00 Crafts Corner - Penguin 3:00 Did you know? 6:00 Singers of Yesterday	Let It Snow! Day 11 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Snowball toss 2:00 Entertainment with Bob Pope 3:00 Snowman bowling 6:00 Manicures	Poinsettia Day 12 10:00 Morning Exercise 10:30 Current Events 1:00 Crafts Corner - Poinsettia 2:00 Entertainment with Peter Previte 3:00 Balloon Toss 6:00 Trivia	13 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with The Rockoholics 3:00 Hot Cocoa Bar 6:00 Friday Night Flick	14 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Holiday Performance with Let's play music and art 3:00 BINGO 6:00 The Lawrence Welk Show
A Grinch Day 15 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Afternoon movie - Grinch 3:00 Let's have some hot cocoa 6:00 Name That Tune	16 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? 2:00 Let's make gingerbread houses 3:00 Words in a Word 6:00 Sing-Along	17 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 Balloon Volleyball 6:00 Singers of Yesterday	Baking Cookies Day 18 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's make some cookies 2:00 Entertainment with Chris Brunelle 3:00 Holiday Trivia 6:00 Manicures	19 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing along with Bob Desmarais 3:00 Balloon Toss 6:00 Trivia	Ugly Sweater Day 20 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 History of Christmas sweaters 6:00 Friday Night Flick	First Day of Winter 21 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 50 reasons to love winter 6:00 Crafts
22 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Crafts Corner - Threading Jingle Bell Ornaments 6:00 Name That Tune	Scents of the Season Day 23 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Entertainment with Lin Darcy 3:00 Reminiscing Group 6:00 Sing-Along	24 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Sing along with Library Friends 6:00 Singers of Yesterday	Christmas 25 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? Christmas 2:00 The Twelve Days of Christmas Bingo 3:00 Christmas puzzles 6:00 Manicures	Candy Cane Day 26 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Crafts Corner - Candy cane 3:00 Balloon Toss 6:00 Trivia	27 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Sing along with Bob Baker 3:00 Crafts Corner - Snowflake 6:00 Friday Night Flick	28 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Chocolate facts, trivia, and jokes 6:00 The Lawrence Welk Show
29 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Snowman bowling 6:00 Name That Tune	30 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Funny resolutions talk 2:00 New Year's resolutions 3:00 Crafts Corner 6:00 Sing-Along	31 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 New Year's Celebration with Peter Previte 3:00 New Year's Toasts 6:00 Singers of Yesterday	Happy Birthday! <ul style="list-style-type: none"> • Doris - 12/8 • Beth - 12/10 • Phillip M - 12/28 			

Resident Spotlight: Adrian Crete



1. Where would you like to travel to?
"I'm not much of a traveler. I'm more of a homebody."
 2. Where is your hometown?
"I was born in Canada."
 3. What do you like to do in your spare time?
"I like to keep myself busy working."
 4. What is your greatest accomplishment?
"Making and having money."
 5. What did you enjoy most about your career?
"I liked working with my hands doing carpentry and drywall."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie - Neither

"This Month In History"

DECEMBER

1901: With a goal of setting rules and safety standards, representatives from over 60 universities meet to form the Intercollegiate Athletic Association of the United States. In 1910, the organization was renamed the NCAA.

1924: At age 2, Judy Garland makes her stage debut at her father's movie theater in Grand Rapids, Minn.

1948: The United Nations General Assembly adopts the Universal Declaration of Human Rights. Defining

fundamental freedoms of all human beings, the document has been translated into more than 500 languages.

1973: Astronauts on NASA's Skylab 4 mission take a 7-hour spacewalk, the longest at the time.

1987: Ron Hextall of the Philadelphia Flyers becomes the first NHL goalie to score a goal by intentionally firing the puck into the other team's net.

2001: "The Lord of the Rings: The Fellowship of the Ring" premieres. It was the first film in the trilogy based on author J.R.R. Tolkien's fantasy series.

2007: At 81, Queen Elizabeth II becomes the oldest ever monarch of the U.K., surpassing her great-great-grandmother, Queen Victoria.

2016: Global retailer Amazon makes its first delivery by drone. The package arrived at its destination 13 minutes after it was ordered.