

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

A Shimmering Seed

January's birthstone, garnet, gets its name from the Latin word for "seed," since the deep red gem resembles the edible seed of a pomegranate.



What's That Noise?

Many of us still remember the sounds of the past—the "cha-ching!" of a cash register, the click-clack of a typewriter, or the dialing of a rotary phone—despite their modern-day replacements. For a fun, nostalgic activity, imitate some outmoded noises and have your friends and grandkids try to guess what you're describing.



January 2025






Curl Up in Comfort

"What a splendid piece of furniture an armchair is. ... During those long winter evenings, it is often sweet and always advisable to stretch out luxuriously in one, far from the din of the crowds." —Xavier de Maistre





January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! <ul style="list-style-type: none"> Jane - 1/3 Harriett - 1/9 Carol - 1/10 Janet - 1/15 Mimi - 1/18 Sandy - 1/25 			New Year's Day 1 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 What's new for 2025 2:00 Country Music with Jackie Lee 3:00 January Gazette 6:00 Manicures	2 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Monarch butterfly migration 3:00 Butterfly craft 6:00 Trivia	3 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 January Trivia 6:00 Friday Night Flick	4 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 Crafts
5 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Golden Globe Awards 6:00 Name That Tune	Wheel of Fortune Day 6 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? 2:00 Honky Tonk Piano with Gary 3:00 Let's play wheel of Fortune 6:00 Sing-Along	Cookbook Day 7 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Let's talk about our favorite recipes 3:00 Jeopardy 6:00 Singers of Yesterday	8 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 How it's made 2:00 Entertainment with Chris Brunelle 3:00 Elvis IQ puzzle 6:00 Manicures	9 10:00 Morning Exercise 10:30 Current Events 2:00 Entertainment with Peter Previte 2:00 Manicures 3:00 Balloon Toss 6:00 Trivia	10 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with The Rockoholics 3:00 The 50 Weirdest Foods from Around the World 6:00 Friday Night Flick	Let It Snow Day 11 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Snowball toss 6:00 The Lawrence Welk Show
Hot Tea Day 12 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Let's share a cup of tea 3:00 The history of tea 6:00 Name That Tune	Sticker Day 13 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? 2:00 Crafts Corner - Sticker Collage 3:00 Words in a Word 6:00 Sing-Along	14 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Magic show with Larry 3:00 Reminiscing group - winter pastimes 6:00 Singers of Yesterday	15 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss 2:00 Who's Who? trivia game 3:00 Reminiscing Group 6:00 Manicures	16 10:00 Morning Exercise 10:30 Current Events 1:00 What's in a word 2:00 Sing along with Bob Desmarais 3:00 Balloon Toss 6:00 Trivia	17 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Balloon Volleyball 6:00 Friday Night Flick	18 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Armchair travel - Hawaii 6:00 Crafts
19 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Dolly Parton program 6:00 Name That Tune	Martin Luther King Jr. Day 20 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 I Have a Dream speech talk 2:00 Martin Luther King Jr. Jeopardy 3:00 Words in a Word 6:00 Sing-Along	21 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 Let's make some granola 6:00 Singers of Yesterday	Blonde Brownie Day 22 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Jeopardy 2:00 Sing along with Bob Baker 3:00 Let's make some brownies 6:00 Manicures	23 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Entertainment with Brian Weeks 3:00 Balloon Toss 6:00 Trivia	Belly Laugh Day 24 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Let's play Bingo 3:00 Let's share some laughs 6:00 Friday Night Flick	25 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Board Games 6:00 The Lawrence Welk Show
26 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Armchair Travel - Australia 6:00 Name That Tune	Chocolate Cake Day 27 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Entertainment with Chris Ekblom 3:00 Cooks corner - chocolate cake 6:00 Sing-Along	28 10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Sing along with Library Friends 3:00 Balloon Toss 6:00 Singers of Yesterday	29 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? 2:00 Winter games 3:00 Jeopardy 6:00 Manicures	30 10:00 Morning Exercise 10:30 Current Events 1:00 Game time - sports trivia 2:00 Painting with Leister 3:00 Balloon Toss 6:00 Trivia	31 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Let's enjoy some hot chocolate 3:00 History of Hot Chocolate 6:00 Friday Night Flick	

Resident Spotlight: Shirley Aulbach



1. Where would you like to travel to?
"I'd to visit California and Amarillo, Texas."
 2. Where is your hometown?
"I am from Amarillo, Texas."
 3. What do you like to do in your spare time?
"I like to do just about everything as long as it's a good time."
 4. What is your greatest accomplishment?
"I love my kids very much."
 5. What did you enjoy most about your career?
"I was a secretary, and I loved all the people."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie
Fun Facts: Every day of my life is wonderful and I thank God for that.

"This Month In History" JANUARY

1901: The American Bowling Congress organizes the first national bowling tournament, held in Chicago.

1938: Benny Goodman plays a sold-out concert at New York City's Carnegie Hall. It was the first time jazz was played at the venue, and the first time that white and Black musicians performed together on a U.S. stage.

1943: Headquarters for the U.S. Department of Defense, the Pentagon building officially opens.

1953: Chevrolet debuts its new sports car, the Corvette.

1986: James Brown, Buddy Holly and Elvis Presley are among the first artists inducted into the Rock & Roll Hall of Fame.

1994: American speedskater Dan Jansen sets a new world record, skating 500 meters in 35.76 seconds at a race in Canada.

2006: An unmanned NASA probe blasts off to begin a 3 billion-mile journey to Pluto.

2010: Apple introduces its first iPad, a touch-screen tablet computer.

2019: A polar vortex sends frigid air across the upper Midwest and Northeast, causing record-breaking low temperatures.