



# The Inn at Fairview Memory Care

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April 2025



### Laugh It Up

People have been laughing and pranking each other on April 1 for years ... decades ... centuries? While the jokes and jests can be very concrete, the history of April Fools' Day is a little harder to pin down. Some historians trace the practice of pranking back to Roman times, while others land its origins in the Middle Ages. Regardless of the holiday's history, if pranking is on your list of April 1 to-dos, please ensure that your joke is safe and fun for everyone!



### Wild World: Mallard Duck



The most common wild duck in the U.S., the mallard is also thought to be the most abundant and wide-ranging duck in the world. It is found in fresh bodies of water throughout North America, Europe and Asia. Male mallards, called drakes, have a green head, a white neckband and a brown and gray body. Females have mottled brown and white feathers all over their bodies except for an iridescent blue patch on their wings. Mallards are dabbling ducks, meaning they tip their bodies vertically into the water, with their tail in the air, to feed on fish, frogs and plants. Female mallards quack, but males do not; instead, they make a soft, raspy sound.







# April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday!</b> Sherry - 4/11 Bill - 4/26 Joan U - 4/29		<b>April Fools' Day</b> 1 10:00 Movin' & Groovin' 10:30 Current Events 1:00 April Fools' word game 2:00 History's Biggest Pranks & Pranksters 3:00 April Fools' Day Around the World 6:00 Singers of Yesterday	2 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Armchair travel - New York <b>2:00 Country Music with Jackie Lee</b> 3:00 Let's make some PB&J snacks 6:00 Manicures	<b>Find a Rainbow Day</b> 3 10:00 Morning Exercise 10:30 Current Events 1:00 Word puzzles - rainbow <b>2:00 Rainbow Bingo</b> 3:00 Let's make a rainbow 6:00 Trivia	4 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Entertainment with Andy Ross</b> 3:00 Connect Four game 6:00 Friday Night Flick	5 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 Entertainment with Bob Rutherford</b> 3:00 Balloon Toss 6:00 The Lawrence Welk Show
6 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Let's learn the history of libraries 6:00 Name That Tune	7 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Basketball Trivia 2:00 Let's Play Basketball 3:00 Words in a Word 6:00 Sing-Along	8 10:00 Movin' & Groovin' <b>10:15 Dance Yoga with Jan</b> 10:30 Current Events 1:00 Horoscopes <b>2:00 Entertainment with Lin Darcy</b> 3:00 Penny for Your Thoughts 6:00 Singers of Yesterday	9 <b>Day of Pink</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Pink flamingo craft <b>2:00 Music with Marianne</b> 3:00 Pink Lemonade and cookies 6:00 Manicures	10 <b>Community Spirit Day</b> 10:00 Morning Exercise 10:30 Current Events 1:00 Thank you cards <b>2:00 Entertainment with Peter Previte</b> 3:00 Balloon Toss 6:00 Trivia	11 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Outing 3:00 Table games 6:00 Friday Night Flick	12 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Balloon Tennis 6:00 Crafts
13 <b>Palm Sunday</b> 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Trivia 6:00 Name That Tune	14 <b>Moment of Laughter Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Humor puzzles <b>2:00 Honky Tonk Piano with Gary</b> 3:00 Words in a Word 6:00 Sing-Along	15 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Entertainment with Brian Henderson</b> 3:00 Fortune-Telling Forecast Card Game 6:00 Singers of Yesterday	16 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? <b>2:00 Entertainment with Chris Brunelle</b> 3:00 Jeopardy 6:00 Manicures	17 10:00 Morning Exercise 10:30 Current Events 1:00 20 questions <b>2:00 Crafts corner - feather art</b> 3:00 Balloon Volleyball 6:00 Trivia	18 <b>Animal Cracker Day</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Country Music with Tim Barrett</b> 3:00 Animal Cracker snack 6:00 Friday Night Flick	19 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Let's read some poetry 6:00 The Lawrence Welk Show
20 <b>Easter Sunday</b> 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Easter craft 6:00 Name That Tune	21 <b>Marathon Monday</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Running a Marathon word fit 2:00 Boston marathon quiz 3:00 Words in a Word 6:00 Sing-Along	22 <b>Earth Day</b> 10:00 Movin' & Groovin' <b>10:15 Dance Yoga with Jan</b> 10:30 Current Events 1:00 Horoscopes <b>2:00 Sing along with Library Friends</b> 3:00 About Earth Day 6:00 Singers of Yesterday	23 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's listen to some Jazz music <b>2:00 Entertainment with The Rockoholics</b> 3:00 Armchair travel - New Orleans 6:00 Manicures	24 10:00 Morning Exercise 10:30 Current Events 1:00 How it's made - soda <b>2:00 Sing-Along with Bob Baker</b> 3:00 Let's make root beer floats 6:00 Trivia	25 <b>World Penguin Day</b> 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Crafts Corner - Penguin</b> 3:00 March of the penguins 6:00 Friday Night Flick	26 <b>Audubon Day</b> 10:00 Morning Stretch 10:30 Current Events 1:00 Hangman <b>2:00 BINGO</b> 3:00 Bird feeder craft - pine cone 6:00 Did you know?
27 <b>Tell a Story Day</b> 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga <b>2:00 Social Hour with Cocktails</b> 3:00 Can you picture this? 6:00 Name That Tune	28 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Superman word search <b>2:00 Sing-along with Bob Desmarais</b> 3:00 Words in a Word 6:00 Sing-Along	29 10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes <b>2:00 Entertainment with Richard Moore</b> 3:00 Did you know? 6:00 Singers of Yesterday	30 <b>National Therapy Animal Day</b> 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's learn about therapy animals <b>2:00 Let's make dog biscuits</b> 3:00 Classic Toys Then & Now. 6:00 Manicures			

## Resident Spotlight: Helen St. Onge



1. Where would you like to travel to?  
"I'd like to travel to Japan."
2. Where is your hometown?  
"I am from Lowell, MA."
3. What do you like to do in your spare time?  
"I like to play casino games and chat with everyone."
4. What is your greatest accomplishment?  
"Working for Raytheon for 41 years."
5. What did you enjoy most about your career?  
"The money and learning all about the job itself."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Facts: My nickname is "Helen talks a lot" because I'm a social butterfly.

# "This Month In History"

## APRIL

**1902:** Tally's Electric Theater in Los Angeles opens. It was the first theater in the U.S. to be built with the sole purpose to show movies, not stage shows.

**1917:** The United States formally enters World War I, marking a turning point in the conflict that had been ongoing for nearly three years. The Great War ended just over a year and a half later.

**1923:** Yankee Stadium in New York City hosts its first baseball game. The Yankees defeated the Red Sox 4-1.

**1938:** Bugs Bunny makes his first cartoon appearance in "Porky's Hare Hunt."

**1954:** The United States Air Force Academy is established just north of Colorado Springs, Colo. Cadets attend the academy to receive military training for either the Air Force or Space Force.

**1969:** The first temporary artificial heart is used to successfully sustain a patient for 65 hours while waiting for a human heart to become available.

**1977:** Fifteen women in the House of Representatives hold the first Women's Caucus meeting. The bipartisan organization is now known as the Congressional Caucus for Women's Issues.

**1997:** At age 21, golfer Tiger Woods takes the title of Masters champion, becoming the tournament's youngest winner—a record he still holds today.

**2004:** Google launches the free email service Gmail. Since the announcement was made on April Fools' Day, the public was skeptical of its authenticity. Today, Gmail is actively used by 1.8 billion people around the globe.