

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

Positive Thought

"An optimist is the human personification of spring." —Susan J. Bissonette



Lucky Charms

Do you have a lucky coin or a pair of socks that you believe brings you good fortune? You may be on to something. Studies show that simply believing a lucky charm works can boost a person's confidence, helping them perform a task better.

March 2025



A Cheery Sight

Wearing a chest of bold orange feathers and chirping a cheery song, the robin is known as the herald of spring. This hardy North American bird is often a year-round resident that spends the winter roosting in trees to conserve energy. As the weather warms, robins become a more noticeable sight as they come out to search for food and begin nesting.





March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday!</p> <ul style="list-style-type: none"> • Carolyn W - 3/2 • Jason - 3/5 • Florie - 3/6 • Rita - 3/21 						<p>10:00 Morning Stretch 10:30 Current Events 1:00 March Monthly Gazette 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 Crafts</p>
<p>Red Carpet Day 2</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Academy Awards Show 2:00 Social Hour with Cocktails 3:00 Movie Character Guess Who? 6:00 Name That Tune</p>	<p>3</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 1:30 Irish Music with Kevin Farley 3:00 "Three" Trivia 6:00 Sing-Along</p>	<p>Mardi Gras 4</p> <p>10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Mardi Gras Party with Chris Brunelle 3:00 Cooks' corner - pancakes 6:00 Singers of Yesterday</p>	<p>Ash Wednesday 5</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Corn hole 2:00 Country Music with Jackie Lee 3:00 Let's have some Cheez Doodles 6:00 Manicures</p>	<p>6</p> <p>10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Food for thought 3:00 Balloon Toss 6:00 Trivia</p>	<p>7</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Trivia 6:00 Friday Night Flick</p>	<p>International Women's Day 8</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Trivia program about notable women 2:00 BINGO 3:00 Ring toss 6:00 The Lawrence Welk Show</p>
<p>9</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 A-mazing Daylight Saving Time puzzle 6:00 Name That Tune</p>	<p>10</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Shamrock craft 2:00 Honky Tonk Piano with Gary 3:00 Words in a Word 6:00 Sing-Along</p>	<p>11</p> <p>10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Facts about the Patent 3:00 Let's talk about inventions 6:00 Singers of Yesterday</p>	<p>12</p> <p>Girl Scout Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let's learn about the Girl Scouts 2:00 Girl Scout cookies tasting 3:00 Balloon Tennis 6:00 Manicures</p>	<p>13</p> <p>10:00 Morning Exercise 10:30 Current Events 1:00 Balloon Toss 2:00 Entertainment with Peter Previte 3:00 Manicures 6:00 Trivia</p>	<p>14</p> <p>Potato Chip Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Let's play some casino games 3:00 Cooks' Corner - Chips and Dip 6:00 Friday Night Flick</p>	<p>15</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Would You Rather? 6:00 Crafts</p>
<p>16</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Giant Panda puzzle 6:00 Name That Tune</p>	<p>St. Patrick's Day 17</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Green day puzzles 2:00 Entertainment with The Rockoholics 3:00 Let's make some shamrock shakes 6:00 Sing-Along</p>	<p>18</p> <p>10:00 Movin' & Groovin' 10:15 VFW Post's Veterans' Chat 10:30 Current Events 1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 March Madness trivia quizzes 6:00 Singers of Yesterday</p>	<p>19</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Crafts Corner 2:00 Entertainment with Chris Brunelle 3:00 Jeopardy 6:00 Manicures</p>	<p>20</p> <p>First Day of Spring 10:00 Morning Exercise 10:30 Current Events 1:00 Spring is in the air games 2:00 Sing along with Bob Desmarais 3:00 Who am I? 6:00 Trivia</p>	<p>21</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Candy BINGO 6:00 Friday Night Flick</p>	<p>22</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Did you know? 6:00 The Lawrence Welk Show</p>
<p>23</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 6:00 Name That Tune</p>	<p>24</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Five Fun Facts about the candy 3:00 Words in a Word 6:00 Sing-Along</p>	<p>25</p> <p>10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Let's plan some table games 3:00 Cranium crunches 6:00 Singers of Yesterday</p>	<p>26</p> <p>Little Red Wagon Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Crafts Corner - Red Wagon 2:00 Entertainment with Mark Stanzler 3:00 Reminiscing Group 6:00 Manicures</p>	<p>27</p> <p>10:00 Morning Exercise 10:30 Current Events 1:00 Bowling 2:00 Sing-Along with Bob Baker 3:00 Balloon Toss 6:00 Trivia</p>	<p>28</p> <p>10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Painting with Lester 3:00 Did you know? 6:00 Friday Night Flick</p>	<p>29</p> <p>10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 It's puzzling 6:00 Crafts</p>
<p>30</p> <p>10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 6:00 Name That Tune</p>	<p>31</p> <p>10:00 Morning Stretch 10:30 Daily Chronicles 2:00 Time to Clay with Debbi 3:00 Words in a Word 6:00 Sing-Along</p>					

Resident Spotlight: Majorie Statz



1. Where would you like to travel to?
"I'd like to travel to New York City."
2. Where is your hometown?
"I am from Burlington, MA."
3. What do you like to do in your spare time?
"I like to crochet."
4. What is your greatest accomplishment?
"Going to church and traveling."
5. What did you enjoy most about your career?
"I enjoyed being a recovery room nurse."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Facts: I traveled the world with my husband while he was in the military.

"This Month In History"

MARCH

1790: The first U.S. census is taken and records a population of 3.9 million.

1899: A German pharmaceutical company patents aspirin.

1912: Oreos, the cream-filled chocolate sandwich cookies, are introduced by the National Biscuit Company.

1923: Time magazine debuts.

1933: Frances Perkins is appointed secretary of labor, becoming the first woman to serve in the Cabinet.

1941: The National Gallery of Art opens in Washington, D.C.

1951: The comic strip "Dennis the Menace" by Hank Ketcham begins syndication in 16 newspapers.

1968: Country music singers Johnny Cash and June Carter marry.

1981: TV anchorman Walter Cronkite, often called "the most trusted man in America," retires from the "CBS Evening News."

1994: Hockey great Wayne Gretzky nets his 802nd NHL goal, breaking the previous record held by legend Gordie Howe.

1997: Singer, songwriter and former Beatle Paul McCartney is knighted by Queen Elizabeth II.

2002: Halle Berry wins the Oscar for best actress for her role in "Monster's Ball." She was the first African-American to receive the award.

2006: The first tweet goes out at the launch of social media website Twitter.