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### **Salute America's Military**

In May, America observes Armed Forces Day, Memorial Day, National Military Appreciation Month and Military Spouse Appreciation Day. Take the time this month to honor the men and women in uniform, past and present, and their families.





## May 2025



#### **Best Friends**

"It's not that diamonds are a girl's best friend, but it's your best friends who are your diamonds."

—Gina Barreca



### **Happy Mother's Day!**

"A mother's love for her child is like nothing else in the world."—Agatha Christie

Mother's Day is set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! From all of us, we wish all the moms who call our community home a very happy Mother's Day!



# May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday!  ● Tom - 5/8				10:00 Morning Exercise 10:30 Current Events 1:00 Monthly Gazette 2:00 The Evolution of May Day 3:00 Balloon Toss 6:00 Trivia	Wear Sunglasses Day 2 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Sunglasses through the decades 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 The Lawrence Welk Show
4 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Trivia 6:00 Name That Tune	Cinco de Mayo 5 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Honky Tonk Piano with Gary 3:00 Chips and salsa 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 1:00 Horoscopes 2:00 Thank you craft 3:00 Travelin' Tunes Tuesday 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Trivia 2:00 Country Music with Jackie Lee 3:00 The history of the camera 6:00 Manicures	National Have a Coke Day 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Entertainment with Peter Previte 3:00 Let's share a coke 6:00 Trivia	Hello, Dolly! Day  10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Mark Stanzler 3:00 Hello, Dolly trivia 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Bowling 6:00 Crafts
Mother's Day 11 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Spa Day Manicures 2:00 Mother's Day tea and Strawberry shortcake 3:00 Word puzzles 6:00 Name That Tune	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Balloon Tennis 2:00 Sing along with Amy 3:00 Nurses tribute poems 6:00 Sing-Along	10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 2:00 Outing 3:00 Crafts Corner - flowers 6:00 Singers of Yesterday	Robin Hood Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss 2:00 Entertainment with The Rockoholics 3:00 Robin Hood slideshow 6:00 Manicures	Chocolate Chip Day 15 10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing along with Bob Desmarais 3:00 Let's make chocolate chip cookies 6:00 Trivia	16 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Do You Know Your Neighbor Game? 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Balloon Volleyball 6:00 The Lawrence Welk Show
18 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 New Friends, Old Friends Social 3:00 Friendship Bracelets 6:00 Name That Tune	19 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Did you know? 2:00 Backyard games 3:00 Cooks Corner - Devil's food cake 6:00 Sing-Along	10:00 Movin' & Groovin' 10:30 Current Events 10:30 VFW Posts Veterans Chat 1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 Strawberries and cream 6:00 Singers of Yesterday	10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Armchair travel - Saint Louis 2:00 Entertainment with Chris Brunelle 3:00 Word puzzles 6:00 Manicures	10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Sing Along with Bob Baker 3:00 Reminiscing Group 6:00 Trivia	World Turtle Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Crafts corner - Turtle 3:00 Turtle Trivia 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Did you know? 6:00 Crafts
I'm in a Pickle Day 25 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Let's taste some pickles 6:00 Name That Tune	Memorial Day  10:00 Morning Stretch  10:30 Daily Chronicles  1:00 Words in a Word  2:00 Memorial Day BINGO  3:00 Crafts Corner - Poppy  6:00 Sing-Along	10:00 Movin' & Groovin' 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Horoscopes 1:30 Sing along with Chris Ekblom 3:00 Golf 6:00 Singers of Yesterday	National Senior Health and Fitness 28 Day 10:00 Morning Stretch 10:30 Daily Chronicles 1:00 Outing - Butterfly place 2:00 Cook's corner -Healthy smoothies 3:00 EZ be fit 6:00 Manicures	10:00 Morning Exercise 10:30 Current Events 1:00 Manicures 2:00 Entertainment with Bob Pope 3:00 Balloon Toss 6:00 Trivia	Swingin' To the Oldies Day 10:00 Movin' & Groovin' 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Let's listen to some oldies 3:00 Hula-Hoop games 6:00 Friday Night Flick	10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Corn hole 6:00 The Lawrence Welk Show

### **Resident Spotlight: Jean Kendall**



- 1. Where would you like to travel to? "I'd like to travel to back to Ireland."
- 2. Where is your hometown?
- "I am from Lowell, MA."
- 3. What do you like to do in your spare time?
- "I like to crochet in my spare time and needlepoint."
- 4. What is your greatest accomplishment?
- "Being a military wife and raising my children."
- 5. What did you enjoy most about your career?
- "I loved traveling with my husband and seeing other countries."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Facts: I loved being a military wife.

# "This Month In History"

### MAY

**1900:** Thousands of people, including teams of scientists, gather in parts of the Southeastern U.S. to view a total solar eclipse.

**1916:** The Saturday Evening Post publishes its first cover that features a painting by Norman Rockwell.

**1927:** Aviator Charles Lindbergh successfully completes the first nonstop solo flight across the Atlantic Ocean.

**1932:** Comedian Jack Benny's first radio show is broadcast.

**1942:** The Women's Army Auxiliary Corps is created, enabling women to enlist for noncombat military duties.

**1952:** Originally created in Austria as a breath mint, Pez candy is sold for the first time in the U.S.

1961: Aboard the Freedom 7 space capsule, astronaut Alan Shepard is the first American to travel into space. His suborbital flight lasted 15 minutes.

**1971:** The NPR radio program "All Things Considered" premieres.

**1991:** Queen Elizabeth II becomes the first British monarch to address the U.S. Congress.

**2004:** At age 40, Randy Johnson of the Arizona Diamondbacks makes MLB history as the oldest pitcher to throw a perfect game.

**2014:** The music video "Gangnam Style," by South Korean pop star Psy, is the first video to reach 2 billion views on YouTube.

**2017:** "Wonder Woman" premieres in Los Angeles. The superheroine's story was the summer's highest-grossing movie.

