

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

Waffle Wit

Q: What do you call a waffle on a California beach?

A: A sandy Eggo.



Memorable Melody: 'Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini'

This international chart-topping tune celebrates the beloved bikini, which debuted in July 1946. Songwriter Paul Vance was inspired to write the song after a day at the beach with his family. His infant daughter struggled with her new yellow bathing suit and eventually lost it to the waves. Teen singer Brian Hyland sang the ditty in 1960, and it's been stuck in our heads ever since.

July 2025



Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.




Happy Fourth!

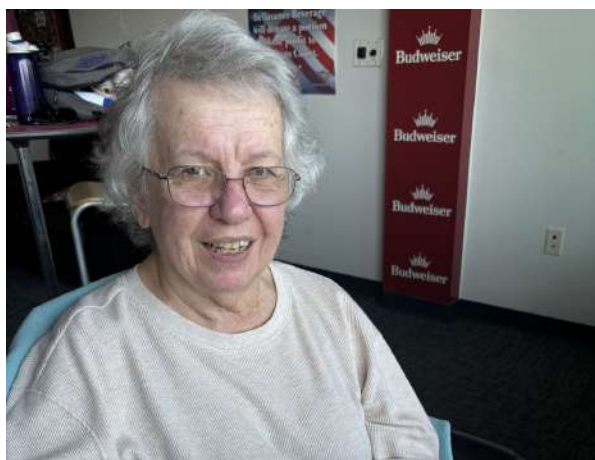
Happy Independence Day to everyone! We hope you have a fun and festive holiday.



July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Happy Birthday!</div> <div><div><div>Robin - 7/13</div><div>Alice - 7/18</div></div></div>	<div></div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Let's taste some Hershey's Kisses</div> <div>3:00 Facts about Hershey's Kisses</div> <div>6:00 Singers of Yesterday</div>	<div>Pool Noodle Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Pool Noodle fun</div> <div>2:00 Painting with Leister</div> <div>3:00 Pool Noodle games</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Crafts corner - Rock art</div> <div>3:00 Balloon Toss</div> <div>6:00 Trivia</div>	<div>Independence Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Entertainment with Andy Ross</div> <div>3:00 Independence Day Party</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Baseball</div> <div>2:00 Entertainment with Bob Rutherford</div> <div>3:00 Balloon Toss</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Duck races</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Let's learn about Hawaii</div> <div>2:00 Hawaiian Music with Bob Baker</div> <div>3:00 Luau & Leis party</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Let's make some passports</div> <div>3:00 Armchair travel</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 How it's made - sugar cookies</div> <div>2:00 Entertainment with The Rockoholics</div> <div>3:00 Let's make some sugar cookies</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Entertainment with Peter Previte</div> <div>3:00 Reminiscing Group - toys</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Let's play the Newlywed Game</div> <div>3:00 Let's enjoy some Popsicles</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Let's play Family Feud</div> <div>6:00 The Lawrence Welk Show</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Let's race some cars</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Balloon Toss</div> <div>2:00 Honky Tonk Piano with Gary</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Entertainment with Brian Henderson</div> <div>3:00 Let's make some dirt pudding cups</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Did you know?</div> <div>2:00 Entertainment with Chris Brunelle</div> <div>3:00 Jeopardy</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Sing along with Bob Desmarais</div> <div>3:00 Balloon Volleyball</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Ice Cream outing</div> <div>3:00 Did you know?</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Rock n Roll trivia</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Moon Trivia</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 History of junk food</div> <div>2:00 Junk Food Bingo</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Country Music with Jackie Lee</div> <div>3:00 Let's play Jeopardy</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 The history of lighthouses</div> <div>2:00 Entertainment with Bob Pope</div> <div>3:00 Spa day</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Sing Along with Bob Baker</div> <div>3:00 Let's tell some Jokes</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Facts about carousels</div> <div>3:00 Armchair travel - Carousel ride</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Balloon Toss</div> <div>6:00 The Lawrence Welk Show</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Bowling</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Expressions Game</div> <div>2:00 Sing along with Amy</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-Along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Horoscopes</div> <div>2:00 Water gun art</div> <div>3:00 Balloon Toss</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Ring toss</div> <div>2:00 Country Music with Tim Barrett</div> <div>3:00 Let's get outside</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Cooks corner - guacamole</div> <div>3:00 Balloon Toss</div> <div>6:00 Trivia</div>	<div></div> <div></div>	

Resident Spotlight: Loretta Wadsworth



1. Where would you like to travel to?
"I'd like to go to England."
 2. Where is your hometown?
"I am from Fisherville, Worcester County."
 3. What do you like to do in your spare time?
"I like knitting, crocheting, and sewing."
 4. What is your greatest accomplishment?
"Helping to take care of the animals and cows on the farm."
 5. What did you enjoy most about your career?
"I enjoyed helping take care of people."
- Chocolate or Vanilla
Ocean or Lake
Book or Movie both
 Fun Facts: I love sports, especially baseball, basketball, and tennis.

"This Month In History" JULY

1799: French soldiers make a discovery that helps scholars decode Egyptian hieroglyphics. The Rosetta Stone—so named for the town near which it was found—includes the same text in Greek and Egyptian, providing the key necessary to unlock the meaning of the picture-based hieroglyphs.

1826: Former Presidents Thomas Jefferson and John Adams both die on the Fourth of July, half a century after each man signed the Declaration of Independence.

1847: The United States Post Office introduces the first postage stamps: a five-cent stamp featuring Benjamin

Franklin and a 10-cent stamp honoring George Washington.

1903: The Tour de France hosts its first race outside of Paris.

1955: Disneyland welcomes its first guests to "The Happiest Place on Earth" in Anaheim, Calif.

1969: Apollo 11, crewed with astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, lands on the moon.

1979: Sony reveals the first portable cassette player—the Walkman.

1985: More than a billion people tune in to watch Live Aid, a concert featuring stars including David Bowie, Bob Dylan, Elton John and Queen. The concert raised more than \$140 million for famine relief in Ethiopia.

2002: American businessman Steve Fossett becomes the first solo adventurer to fly around the world in a balloon without stopping.