

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

Labor Day

Labor Day, observed on the first Monday in September, became a federal holiday in 1894. The day recognizes the contributions and achievements of American workers. Labor Day also symbolizes the end of summer for many Americans.



The Gift of 'Grands'

Recognizing the importance of the bonds between generations, Grandparents Day honors the gifts that grandparents and grandfriends bring to families and communities. Celebrate the first Sunday after Labor Day.



September 2025




Acorns Aplenty

With their familiar brown caps, acorns are the falling fruit of the oak tree. During late summer and early fall, the trees drop the nuts, and squirrels are often seen happily hoarding them. When there's a bumper crop of acorns, it's known as a mast year. Chipmunks, birds, deer and other wildlife that depend on the nutritious nuts can't eat all of them, leaving the excess acorns to grow into new oak trees.





September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! <ul style="list-style-type: none">Helen - 9/7Jean - 9/22Mary K - 9/28Peggy - 9/30	Labor Day 110:00 Morning Stretch10:30 Daily Chronicles1:00 September Gazette 2:00 Let’s Learn About Labor Day 3:00 Labor Day laughs6:00 Sing-Along	210:00 Movin’ & Groovin’10:30 Current Events1:00 Horoscopes 2:00 Rock ‘n’ Roll Bingo 3:00 Rock ‘n’ Roll puzzles6:00 Singers of Yesterday	310:00 Morning Stretch10:30 Daily Chronicles1:00 Let’s reminisce about Back to School Memories 2:00 Country Music with Jackie Lee 3:00 Horseracing6:00 Manicures	Kickoff Day 410:00 Morning Exercise10:30 Current Events1:00 Manicures2:00 Let’s play some football3:00 Who Am I?6:00 Trivia	510:00 Movin’ & Groovin’10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Jeopardy6:00 Friday Night Flick	610:00 Morning Stretch10:30 Current Events1:00 Hangman 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss6:00 The Lawrence Welk Show
Grandparents Day 710:00 Morning in Motion10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Grandparents Day puzzles6:00 Name That Tune	Cruise Into Hawaii 810:00 Morning Stretch10:30 Daily Chronicles1:00 Hawaiian Craft 2:00 Luau party with Peter Previte 3:00 Words in a Word6:00 Sing-Along	Cruise Into Italy 910:00 Movin’ & Groovin’ 10:15 Dance Yoga with Jan 10:30 Current Events1:00 Horoscopes 2:00 Italian cafe’ with music with Brian Henderson 3:00 Italian pastry tasting6:00 Singers of Yesterday	Day at Sea 1010:00 Morning Stretch 10:15 Painting with Lester 11:00 Hot Air Balloon adventure1:00 Golf Trivia2:00 Word Game Wednesday3:00 Let’s enjoy an Arnold Palmer6:00 Manicures	Cruise Into New York 1110:00 Morning Exercise10:30 Current Events1:00 Armchair travel - New York 2:00 Patriotic Music with Chris Brunelle 3:00 You Inspire Me and I Inspire You program6:00 Trivia	Cruise Into Our Classic Car Show 1210:00 Movin’ & Groovin’10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Entertainment with The Rockoholics 3:00 Balloon Tennis6:00 Friday Night Flick	1310:00 Morning Stretch10:30 Current Events1:00 Hangman 2:00 BINGO 3:00 Parachute Fun6:00 Crafts
1410:00 Morning in Motion10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Remembering Pet Cats and Dogs slideshow6:00 Name That Tune	1510:00 Morning Stretch10:30 Daily Chronicles1:00 Words in a Word 2:00 Entertainment with The Rockoholics 3:00 Columbo trivia quiz6:00 Sing-Along	16 Guacamole Day 10:00 Movin’ & Groovin’ 10:15 Dance yoga with Jan 10:30 Current Events1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 Let’s make some guacamole6:00 Singers of Yesterday	17 Apple Dumpling Day 10:00 Morning Stretch10:30 Daily Chronicles1:00 Balloon Volleyball 2:00 Entertainment with Chris Brunelle 3:00 Let’s make some apple dumplings6:00 Manicures	1810:00 Morning Exercise10:30 Current Events1:00 Manicures 2:00 Sing along with Bob Desmarais 3:00 A Day in the Life of the Hummingbird6:00 Trivia	1910:00 Movin’ & Groovin’10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Name That Tool slideshow6:00 Friday Night Flick	2010:00 Morning Stretch10:30 Current Events1:00 Hangman 2:00 BINGO 3:00 Outdoor games6:00 The Lawrence Welk Show
2110:00 Morning in Motion10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Movie and popcorn6:00 Name That Tune	Autumn Season Begins 2210:00 Morning Stretch10:30 Daily Chronicles1:00 Fascinated by Fall slideshow presentation 2:00 Scenic outing - Foliage 3:00 Ring toss6:00 Sing-Along	Neptune Discovery Day 2310:00 Movin’ & Groovin’ 10:15 Dance Yoga with Jan 10:30 Current Events1:00 Horoscopes 2:00 Sing along with Amy 3:00 Neptune Facts6:00 Singers of Yesterday	National Women’s Health and Fitness Day 2410:00 Morning Stretch10:30 Daily Chronicles1:00 Afternoon stretch 2:00 Bob Pope 3:00 Let’s make a healthy smoothie6:00 Manicures	2510:00 Morning Exercise10:30 Current Events1:00 Manicures 2:00 Sing Along with Bob Baker 3:00 Balloon Toss6:00 Trivia	Fall Foliage Friday 2610:00 Movin’ & Groovin’10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Crafts Corner - leaves 3:00 Let’s learn about Johnny Appleseed6:00 Friday Night Flick	2710:00 Morning Stretch10:30 Current Events1:00 Hangman 2:00 BINGO 3:00 Bowling6:00 Crafts
Good Neighbor Day 2810:00 Morning in Motion10:30 Daily Chronicles1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Outdoor games6:00 Name That Tune	2910:00 Morning Stretch10:30 Daily Chronicles1:00 Armchair travel - Scotland 2:00 Let’s play jeopardy 3:00 Words in a Word6:00 Sing-Along	3010:00 Movin’ & Groovin’10:30 Current Events1:00 Horoscopes 2:00 TV show BINGO 3:00 Parachute Fun6:00 Singers of Yesterday				

Resident Spotlight: Kathy Richmond



1. Where would you like to travel to?
"I like to travel all over New England."
2. Where is your hometown?
"I am from Stoneham, MA."
3. What do you like to do in your spare time?
"I like to exercise and socialize with friends."
4. What is your greatest accomplishment?
"My four children."
5. What did you enjoy most about your career?
"Meeting new people and learning things."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun Facts: I like to run 5k's.

"This Month In History" SEPTEMBER

1846: German astronomer Johann Galle first observes the planet Neptune.

1957: The Little Rock Nine face mobs and rioting in their attempts to attend previously segregated Little Rock Central High School. President Eisenhower eventually sends the 101st Army Airborne to escort the children safely to school.

1965: Satchel Paige becomes the oldest player in Major League Baseball history at 59 years old when he pitches three innings against the Boston Red Sox. Paige

was the first Negro Leagues veteran to be inducted to the National Baseball Hall of Fame six years later.

1966: The sci-fi TV series "Star Trek" premieres, inviting audiences "to boldly go where no man has gone before."

1972: Bobby Fischer defeats Boris Spassky in "the match of the century" to become the world chess champion. Fischer was only 29 years old.

1984: Joe Kittinger completes the first solo balloon crossing of the Atlantic Ocean. He launched from Maine and crash landed on the Italian coast 86 hours later, breaking his ankle and a record for distance in a solo balloon flight.

1986: "The Oprah Winfrey Show" debuts nationwide, running until May 25, 2011.

1998: Google is founded in Menlo Park, Calif., and receives 10,000 queries in its initial beta phase.