

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

August 2026



August by the Numbers

12. The number of lighthouses in the United States in 1776. Aug. 7 is National Lighthouse Day, when many of the approximately 700 lighthouses standing today are open for tours.

135. Chapters in "Moby-Dick," the epic novel by Herman Melville, who was born Aug. 1, 1819.



Spread Sunshine

"Those who bring sunshine into the lives of others cannot keep it from themselves."

—James Matthew Barrie





August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! - Bernie - 8/4 - Pat D - 8/11						10:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 Entertainment with Bob Rutherford 3:00 Balloon Toss 6:00 Crafts
210:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Coloring Project – Sun-sational Coasters 6:00 Name That Tune	310:00 Morning Stretch 10:30 Daily Chronicles 1:00 Wonderful Watermelon word search 2:00 Painting with Lester 3:00 Let’s have a watermelon snack 6:00 Sing-Along	410:00 Movin’ & Groovin’ 10:30 Current Events 1:00 Horoscopes 2:00 Let’s bake some chocolate chip cookies 3:00 The History of the Chocolate Chip Cookie 6:00 Singers of Yesterday	510:00 Morning Stretch 10:30 Daily Chronicles 1:00 Reminisce about the historic moonlanding 2:00 Country Music with Jackie Lee 3:00 Let’s tell some campfire stories 6:00 Manicures	610:00 Morning Exercise 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Manicures 2:00 Let’s make some root beer floats 3:00 Jeopardy 6:00 Trivia	710:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Entertainment with Andy Ross 3:00 Armchair travel - light houses 6:00 Friday Night Flick	810:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Elvis name that tune 6:00 The Lawrence Welk Show
910:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Bowling 6:00 Name That Tune	1010:00 Morning Stretch 10:30 Daily Chronicles 1:00 Words in a Word 2:00 Entertainment with saxophonist Dan Deribas 3:00 Let’s read and discuss the poem “The Summer Day” 6:00 Sing-Along	1110:00 Movin’ & Groovin’ 10:30 Current Events 1:00 Horoscopes 2:00 Entertainment with Heart Strings Duo 3:00 Secret Sunshine puzzles 6:00 Singers of Yesterday	1210:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let’s learn about the Perseid Meteor Shower 2:00 Crafts corner - Stars 3:00 Balloon Tennis 6:00 Manicures	1310:00 Morning Exercise 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Manicures 2:00 Honky Tonk Piano with Gary 3:00 Balloon Toss 6:00 Trivia	1410:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Country Music with Tim Barrett 3:00 Let’s play baseball 6:00 Friday Night Flick	1510:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Balloon Toss 6:00 Crafts
1610:00 Morning in Motion 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Social Hour with Cocktails 3:00 Reminisce about Elvis 6:00 Name That Tune	1710:00 Morning Stretch 10:30 Daily Chronicles 1:00 Fun facts about Elvis 2:00 Tribute to Elvis with Peter Previte 3:00 Balloon Volleyball 6:00 Sing-Along	1810:00 Movin’ & Groovin’ 10:30 Current Events 1:00 Horoscopes 2:00 Entertainment with Brian Henderson 3:00 Let’s celebrate beauty 6:00 Singers of Yesterday	1910:00 Morning Stretch 10:30 Daily Chronicles 1:00 Fun facts about baseball 2:00 Entertainment with Chris Brunelle 3:00 Let’s play catch 6:00 Manicures	2010:00 Morning Exercise 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Name that Rock tune 2:00 Sing along with Bob Desmarais 3:00 Jeopardy 6:00 Trivia	2110:00 Movin’ & Groovin’ 10:30 Daily Chronicles 10:30 Trivia with the Cooties - VFW 1:00 Afternoon Yoga 2:00 Luau party 3:00 Let’s learn about Hawaii 6:00 Friday Night Flick	2210:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Let’s learn about the pink Cadillac 6:00 The Lawrence Welk Show
23Wear Sunglasses on a Sunday 10:00 Morning in Motion 10:30 Daily Chronicles 1:00 Let’s discuss the history of sunglasses 2:00 Social Hour with Cocktails 6:00 Name That Tune	2410:00 Morning Stretch 10:30 Daily Chronicles 1:00 Let’s talk about birthstones 2:00 Entertainment with Bob Pope 6:00 Sing-Along	2510:00 Movin’ & Groovin’ 10:30 Current Events 1:00 Horoscopes 2:00 Sing Along with Amy 3:00 Let’s Play the Moving Through Oz game 6:00 Singers of Yesterday	2610:00 Morning Stretch 10:30 Daily Chronicles 1:00 Ring toss 2:00 Outing - Ice cream 3:00 Reminiscence group - ice cream truck 6:00 Manicures	2710:00 Morning Exercise 10:15 Dance Yoga with Jan 10:30 Current Events 1:00 Manicures 2:00 Sing Along with Bob Baker 3:00 Balloon Toss 6:00 Trivia	2810:00 Movin’ & Groovin’ 10:30 Daily Chronicles 1:00 Afternoon Yoga 2:00 Ice cream sundae bar 3:00 Jeopardy 6:00 Friday Night Flick	2910:00 Morning Stretch 10:30 Current Events 1:00 Hangman 2:00 BINGO 3:00 Table top games 6:00 Crafts
3010:00 Morning in Motion 10:30 Daily Chronicles 1:00 Beach Craft 2:00 Beachy Social Hour with Cocktails 6:00 Name That Tune	3110:00 Morning Stretch 10:30 Daily Chronicles 3:00 Words in a Word 6:00 Sing-Along					

Resident Spotlight: David Smith



1. Where would you like to travel to?
"Somewhere tropical would be nice."
2. Where is your hometown?
"I am from Lowell, MA."
3. What do you like to do in your spare time?
"I enjoy listening to music, I love animals and dogs."
4. What is your greatest accomplishment?
"I loved to work but relax now with the kids."
5. What did you enjoy most about your career?
"I liked doing things that kept me busy."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

"This Month In History" AUGUST

1926: 19-year-old Gertrude Ederle becomes the first woman to successfully swim the English Channel. Her time of 14 hours and 31 minutes beat the existing men's world record by nearly two hours.

1938: Hollywood dance duo Fred Astaire and Ginger Rogers are featured on the cover of Life magazine.

1964: "A Hard Day's Night," the Beatles first feature movie, debuts in the U.S.

1962: Little Eva travels to the top of the pop music chart with the hit song "Loco-Motion" and inspires a dance craze.

1975: The first nighttime match is played under lights at the U.S. Open tennis tournament in New York City.

1990: The largest and best-preserved Tyrannosaurus rex skeleton ever found is discovered in South Dakota. The 65 million-year-old dinosaur specimen is on display at Chicago's Field Museum.

2015: Facebook hits a milestone, reporting that 1 billion people logged on to the social networking website in a single day. As of August 2025, more than 2 billion people use Facebook daily.