

The Inn at Fairview Memory Care

203 Lowell Road • Hudson, NH 03051 • (603) 816-0070

Tomorrow, Together

"Let us put our minds together and see what life we can make for our children."

—Sitting Bull



October 2026



How 'Bout Them Apples?

Fresh apples covered in caramel and served on a stick are one of the signs that fall has arrived. Thank Dan Walker for the confection. In the 1950s, the Kraft Foods salesman came up with a way to use the company's excess supply of caramel candies. Today, the sticky treats are often made with additional toppings, such as nuts, chocolate, sprinkles and candy bits.





October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Happy Birthday!</div> <div><div>• David - 10/5</div><div>• Popi - 10/21</div></div>				<div>10:00 Morning Exercise</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 October Gazette</div> <div>2:00 October Jeopardy</div> <div>3:00 Manicures</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Entertainment with Andy Ross</div> <div>3:00 Denim through the Decades</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 Entertainment with Bob Rutherford</div> <div>3:00 Balloon Toss</div> <div>6:00 The Lawrence Welk Show</div>
<div>Taco Day</div> <div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Taco fun facts</div> <div>6:00 Name That Tune</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Ring toss</div> <div>2:00 Let's learn about some McDonald facts</div> <div>3:00 Snacks corner - French Fries</div> <div>6:00 Sing-along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Outing - Scarecrows</div> <div>2:00 Crafts Corner - Scarecrows</div> <div>3:00 October Jeopardy</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Cranium Crunches</div> <div>2:00 Country Music with Jackie Lee</div> <div>3:00 Dice Game</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Entertainment with Peter Previte</div> <div>3:00 Balloon Toss</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Entertainment with Mark Stanzler</div> <div>3:00 Let's have some popcorn</div> <div>6:00 Friday Night Flick</div>	<div>Scarecrow Saturday</div> <div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Moving Through Oz game</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Drumming circle</div> <div>6:00 Name That Tune</div>	<div>Columbus Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Cornhole</div> <div>2:00 BINGO</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-along</div>	<div>Navy's Birthday</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:30 Entertainment with Heart Strings Duo</div> <div>3:30 Let's learn the history of the Navy</div> <div>6:00 Singers of Yesterday</div>	<div>A Hoot of a Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Wise old owl puzzles</div> <div>2:00 Crafts Corner - Owl</div> <div>3:00 October Jeopardy</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Entertainment with Bob Desmarais</div> <div>3:00 Fun Facts about I Love Lucy</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Country Music with Tim Barrett</div> <div>3:00 Cornhole</div> <div>6:00 Friday Night Flick</div>	<div>Sweetest Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Let's have a sweet treat</div> <div>6:00 The Lawrence Welk Show</div>
<div>Route 66 Day</div> <div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Let's learn about Route 66</div> <div>6:00 Name That Tune</div>	<div>Doughnut Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Let's Talk 20 outrageous doughnut flavors</div> <div>2:00 Entertainment with Marlena</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-along</div>	<div>Monster Mash Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Monster Mash quiz</div> <div>2:00 Entertainment with Brian Henderson</div> <div>3:00 Let's enjoy a monster snack</div> <div>6:00 Singers of Yesterday</div>	<div>Happy 100th Birthday Popi!</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Armchair travel</div> <div>2:00 Entertainment with Chris Brunelle</div> <div>3:00 Bowling</div> <div>6:00 Manicures</div>	<div>10:00 Morning Exercise</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Sing-along with Bob Baker</div> <div>3:00 Seeing orange program</div> <div>6:00 Trivia</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Outing - Scenic ride</div> <div>3:00 Pool noodle games</div> <div>6:00 Friday Night Flick</div>	<div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 BINGO</div> <div>3:00 Dice game</div> <div>6:00 Crafts</div>
<div>10:00 Morning in Motion</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Social Hour with Cocktails</div> <div>3:00 Crafts Corner - leaves</div> <div>6:00 Name That Tune</div>	<div>Pumpkin Day</div> <div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:00 Let's watch some pumpkin carving</div> <div>2:00 Painting with Lester</div> <div>3:00 Words in a Word</div> <div>6:00 Sing-along</div>	<div>10:00 Movin' & Groovin'</div> <div>10:30 Current Events</div> <div>1:00 Armchair travel</div> <div>2:00 Sing Along with Amy</div> <div>3:00 Bowling</div> <div>6:00 Singers of Yesterday</div>	<div>10:00 Morning Stretch</div> <div>10:30 Daily Chronicles</div> <div>1:30 Armchair travel - New York</div> <div>2:00 Honky Tonk Piano with Gary</div> <div>3:00 Statue of Liberty facts</div> <div>6:00 Manicures</div>	<div>Family Trick or Treat</div> <div>10:00 Morning Exercise</div> <div>10:15 Dance Yoga with Jan</div> <div>10:30 Current Events</div> <div>1:00 Manicures</div> <div>2:00 Crafts Corner - Halloween Craft</div> <div>3:00 Seeing Orange word search</div> <div>6:00 Trivia</div>	<div>Jack-o'-Lantern Day</div> <div>10:00 Movin' & Groovin'</div> <div>10:30 Daily Chronicles</div> <div>1:00 Afternoon Yoga</div> <div>2:00 Entertainment with Bob Pope</div> <div>3:00 Halloween games</div> <div>6:00 Friday Night Flick</div>	<div>Happy Halloween</div> <div>10:00 Morning Stretch</div> <div>10:30 Current Events</div> <div>1:00 Hangman</div> <div>2:00 Halloween BINGO</div> <div>3:00 Halloween Treat</div> <div>6:00 The Lawrence Welk Show</div>

Resident Spotlight: Popi Skames



1. Where would you like to travel to?
"I didn't really travel so nowhere special."
2. Where is your hometown?
"I am from Lowell, MA."
3. What do you like to do in your spare time?
"I enjoy relaxing and listening to music."
4. What is your greatest accomplishment?
"I lived every day."
5. What did you enjoy most about your career?
"I liked working my job as a secretary."

Chocolate or Vanilla

Ocean or Lake

Book or Movie

Fun fact: "I will be celebrating my 100th Birthday this month."

"This Month In History" OCTOBER

1908: Called America's other national anthem, "Take Me Out to the Ball Game" becomes a bestselling hit. It is now an MLB tradition for fans to sing the song during the seventh inning stretch.

1913: The Lincoln Highway, the country's first coast-to-coast roadway, is formally dedicated.

1950: American novelist William Faulkner wins the 1949 Nobel Prize in literature.

1959: Thousands line up for the opening of the Guggenheim in New York City. The modern art museum's unique spiral shape was designed by Frank Lloyd Wright.

1982: At Florida's Walt Disney World, the Epcot theme park opens and features attractions that celebrate technological innovations and world cultures.

1998: The first American to orbit the Earth, John Glenn returns to space aboard the shuttle Discovery.

2006: The U.S. population reaches 300 million.

2021: "No Time to Die," the 25th film in the "official" James Bond series, premieres in the U.S.